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Indian Society for Study of Pain
(Indian Chapter of IASP)

ISSP NEWSLETTER

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NOVEMBER 2025

Election Notification for 2026

NOMINATION FORM FOR 2026 – 27
ELECTION OF OFFICE BEARERS

Important Dates

Exit Examination Of IAPM Fellowship
on 4th January 2026, Sunday

ISSPCON 2026

40th National Conference of Indian Society for Study of Pain,
ISSPCON 2026 at Hyderabad
5 th to 8th February, 2026

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CONTENTS

ISSPCON 2026	03
ISSP Governing Council	04
IAPM Governing Council	06
From The Secretariat's Desk	07
From The President's Desk	15
Vice President Message	17
IAPM Dean's message	18
IAPM - Registrar Message	19
ISSP - Editor in Chief Message	20
ISSP Updates	21
IAPM Updates	22
Installation of Society for Study of Pain	24
ASIA BOOK RECORDS Felicitation Ceremony	25
Glimpses of 10 SARPS Congress.	26
ISSP State Chapter/Branch Activities	28
IAPM Exam Updates	42
Notification for awards	49
Election Notification for the year 2025-2026	50
Various Application Form Formats	52
Advisory on NMC Guidelines for Live Telecast of the Procedures	54
Contact Us	61

ISSPCON 2026





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From the Secretariat



Prof. Dr Anurag Agarwal
Hon. Secretary, ISSP

Greetings from ISSP Headquarters

We are pleased to present the second ISSP Newsletter of 2025, highlighting key initiatives from ISSP Headquarters as well as the dynamic activities carried out by our State Chapters and City Branches.

ISSP continues to grow—not only in membership, but also in its commitment to reaching authorities, healthcare providers, and the general public. Over the past months, ISSP HQ has launched several impactful initiatives, including the activation of ISSP's social media platforms, a multilingual public awareness campaign featuring member-created video clips, and the successful rollout of ISSP Podcasts on Pain Medicine. These efforts have received an overwhelming response thanks to your enthusiastic participation, and we look forward to your continued support.

We are also proud to share that the ISSP "Daily Walking Pledge" campaign with a pharmaceutical company has been officially entered into the Asia Book of Records, marking a major milestone in our collective journey toward promoting health and well-being.

Recognizing that *no specialty can truly flourish unless its members are financially strong*, ISSP has launched a major initiative to improve visibility and accessibility for Pain Physicians across India. To help patients easily locate ISSP members in their respective cities, we have begun compiling details of members' OPDs and hospital practices. We urge all members to complete the Google Form circulated by ISSP Headquarters so that this directory can be comprehensive and effective.

As Pain Medicine continues to evolve, it is crucial that regulatory authorities fully understand its scope and significance. ISSP HQ has reached out to every State Medical Council in the country to provide clarity on the status of Pain Medicine as a growing super-specialty and to showcase the work being done by our members.

(Annexure 1: Copy of ISSP Representation to Medical Councils)

We believe this initiative will play a vital role in ensuring greater recognition and support for our field.

Further, after extensive discussions during the Mid-Term Meeting of the ISSP Governing Council in July 2025, ISSP HQ has issued an advisory regarding the need for appropriate discretion in hands-on teaching programs.

(Annexure2: ISSP Position Statement on Scope of Pain Medicine Workshops and Training Programs).

...From the Secretariat

This measure aims to maintain high training standards while protecting the interests of our young and dedicated Pain Physicians. We trust that all esteemed faculty members will uphold this advisory so that no further action becomes necessary.

With the 40th Annual National Conference, ISSPCON Hyderabad, approaching rapidly, we encourage all members to register at the earliest and motivate colleagues to participate in this landmark event—the biggest celebration of Pain Medicine in the country.

Thank you for your unwavering support and contributions to the growth of Pain Medicine and the ISSP community.



Dr Rohit Lahori
Treasurer, ISSP

Warm regards,

Jai Hind
Long live ISSP

Prof. Dr Anurag Agarwal
Hon. Secretary, ISSP

Dr Rohit Lahori
Hon. Treasurer, ISSP

...From the Secretariat

(Annexure 1: Copy of ISSP Representation to Medical Councils)

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INDIAN CHAPTER OF INTERNATIONAL ASSOCIATION FOR THE STUDY OF PAIN
Email:issphq@gmail.com, website: www.issp-pain.org

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Subject: Representation on the Emerging Super-specialty of Pain Medicine

Dear Sir/Madam, 29th April 2025

Greetings.

The Indian Society for Study of Pain (ISSP), established in 1984, is a registered national body representing more than 3400 Pain Physicians nationwide and serves as the Indian Chapter of the International Association for the Study of Pain (IASP). ISSP is dedicated to the advancement of awareness, research, treatment, and advocacy for chronic pain patients and Pain Physicians across India. Our official website is www.issp-pain.org, and we have been publishing the *Indian Journal of Pain (IJP)* for over three decades.

Chronic pain affects approximately 20–30% of the global population. In India, the burden is even greater, with a prevalence of 36.6 % among individuals aged over 45 years — effectively one in every three Indians suffers from chronic pain. This results in significant healthcare, psychosocial, and economic impacts on society. **(Annexure-1: Indian studies on pain prevalence and its consequences.)**

Chronic pain may arise from a spectrum of etiologies including degenerative spine and joint disorders, myofascial syndromes such as fibromyalgia, neuralgias like trigeminal neuralgia and post-herpetic neuralgia, cancer-related pain, among others — all requiring dedicated and specialized management strategies.

Historically, chronic pain management was subsumed within acute care models, relying predominantly on long-term pharmacotherapy or surgical interventions, both associated with considerable risks and economic burdens. Over recent decades, however, *Pain Medicine* has evolved as a distinct specialty. Pain Physicians now employ comprehensive, multimodal approach encompassing lifestyle interventions, pharmacological management, and the highly specialized domain of *Minimally Invasive Pain and Spine Interventions (MIPSIs).*

MIPSIs serve as a pivotal bridge between conservative management and invasive surgical procedures, offering long-term relief with minimal morbidity, faster rehabilitation, and reduced healthcare costs. Their transformative impact on pain management is analogous to how Percutaneous Coronary Interventions (PCI) revolutionized cardiac care by significantly reducing the need for open-heart surgeries.

Representative examples of MIPSIs include:

1. Intra-articular injections for degenerative joint conditions
2. Neurolysis and plexus rhizolysis for cancer-related pain
3. Radiofrequency ablation for spinal, joint, neuralgic, and oncological pain syndromes
4. Minimally invasive endoscopic procedures for disc prolapse and lumbar canal stenosis
5. Regenerative therapies (e.g., Platelet-Rich Plasma, Growth Factor Concentrate, Bone Marrow Aspirate Concentrate) for musculoskeletal pathologies
1. Percutaneous cementoplasty for fragility fractures secondary to osteoporosis or metastatic disease

Office: Department of Anaesthesiology, Dr.RML Institute of Medical Science, Vibhuti khand, Gomti Nagar,Lucknow (226010)

...From the Secretariat

(Annexure 1: Copy of ISSP Representation to Medical Councils)

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(Annexure 2-A detailed list of ISSP-approved MIPSIs)

Recognizing the significance of Pain Medicine, the National Medical Commission (NMC, formerly MCI) has integrated it into the MD Anaesthesiology curriculum, mandating clinical exposure through Pain Clinic postings, and has designated Radiofrequency Pain Management Generators and associated equipment as essential infrastructure for Departments of Anaesthesiology. Govt. Of Uttar Pradesh has also started a separate super-specialty department of Pain Medicine at GSVM Medical College, Kanpur under PMSSY Scheme. **(Annexure 3-Order of G0UP for various posts in Dept. Of Pain Medicine)**
Pain Medicine is steadily progressing as a super-specialty within Anaesthesiology. Currently, three AIIMS institutes (Rishikesh, Gorakhpur, Mangalgiri) offer DM programs in Pain Medicine. Additionally, numerous premier institutions across India conduct structured one- or two-year programs (PDCC/PDF/PDAF) in Pain Medicine. To further address the need for trained specialists, the Indian Academy of Pain Medicine (the academic wing of ISSP) has instituted a formalized one-year training program across accredited centres. Moreover, the National Board of Examinations in Medical Sciences (NBEMS) now offers a two-year FNB in Pain Medicine at leading centres nationwide.

(Annexure 4-List of Pain Medicine Educational Programs in India.)

Globally, countries such as the United States, United Kingdom, Australia, Canada, and Singapore have established Pain Medicine as a recognized super-specialty. Several ISSP members have pursued extensive training overseas and are currently serving Indian patients with the benefit of their international experience.
In parallel, multiple reputed medical institutions have submitted applications to the NMC to initiate DM programs in Pain Medicine, while PDCC in Pain Management is already recognized by the NMC.
It is pertinent to acknowledge that, as with the development of every emerging specialty — such as Cardiology, Endocrine Surgery, Neurosurgery, and Interventional Radiology —Pain Medicine is undergoing a natural evolutionary phase. In this journey, early practitioners — who passionately laid the foundation — may not possess formal super-specialty degrees, similar to the pioneers in fields like Orthopedics, Neurosurgery, or Cardiology. Resistance or scepticism from traditional quarters is, therefore, not unexpected, and often stems from limited exposure to contemporary global practices.
It must also be emphasized that procedural overlaps among specialties are an established feature of modern medicine. For instance, thyroid surgeries are performed by general surgeons, endocrine surgeons, ENT specialists, and at times maxillofacial surgeons. Similarly, hair transplant procedures are conducted by both plastic surgeons and dermatologists. In the same vein, several MIPSIs are performed by Pain Physicians as well as by neurosurgeons, Orthopedic surgeons, physiatrists (PMR specialists), and interventional radiologists.

In this pivotal period of growth, ISSP remains committed to:

1. Raising awareness about the field of Pain Medicine
2. Promoting ethical, evidence-based practices among its members
3. Safeguarding the interests of millions of chronic pain patients across the country

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...From the Secretariat

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Through this representation, we seek to apprise you of the current status, educational framework, scope, and societal relevance of Pain Medicine and its practitioners.
We, at ISSP, remain available for any further engagement or clarification you may require regarding the discipline of Pain Medicine and its professional landscape across India.

Yours sincerely,

Dr Anurag Agarwal
Secretary ISSP
Mobile- 7388970385

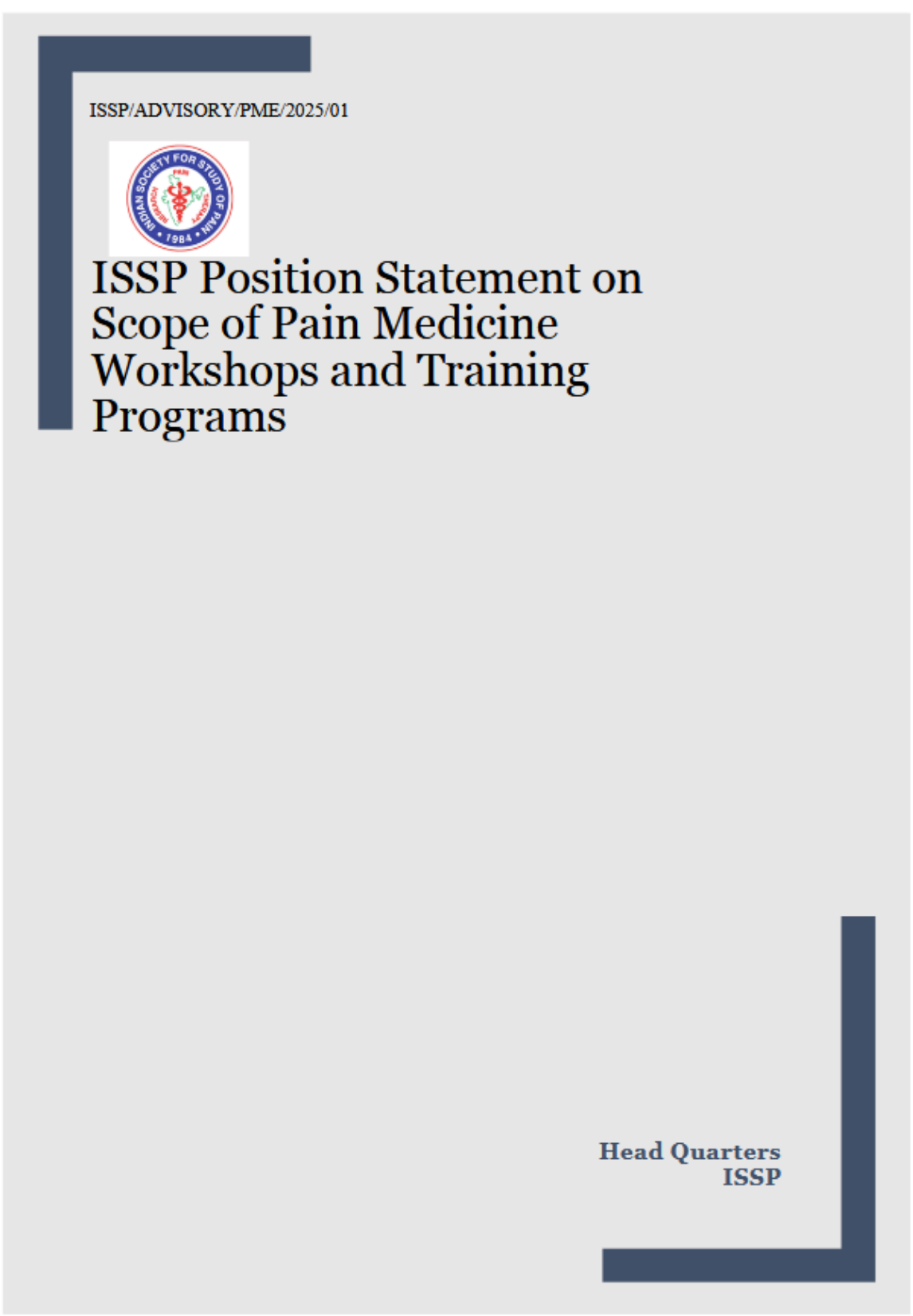
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(On behalf of the Indian Society for Study of Pain – ISSP)

Office: Department of Anaesthesiology, Dr.RML Institute of Medical Science, Vibhuti khand, Gomti Nagar,Lucknow (226010)

...From the Secretariat

(Annexure2: ISSP Position Statement on Scope of Pain Medicine Workshops and Training Programs).



ISSP/ADVISORY/PME/2025/01

ISSP Position Statement on Scope of Pain Medicine Workshops and Training Programs

Head Quarters
ISSP

...From the Secretariat

(Annexure2: ISSP Position Statement on Scope of Pain Medicine Workshops and Training Programs).

Concerns Regarding Misrepresentation and Undermining of Pain Medicine in various conferences/ workshops

Dear ISSP Members

It has come to the attention of ISSP Headquarters that several ISSP members are involved in organizing multiple conferences and workshops on Chronic Pain which are being *openly advertised to all specialties*, and in some cases even to *anyone interested in Pain Medicine*—regardless of their qualifications or background.

Such an approach is not only damaging to the long-standing efforts of our National Body ISSP to establish Pain Medicine as a recognized super-specialty under Anaesthesiology, but also highly disrespectful to the rigor and dedication of those pursuing formal training in this field.

We must remember that DM, FNB, PDCC, PDAF, and FIAPM Fellows, along with their mentors, are committing 1–3 years of intensive training to master the nuances of Pain Medicine—especially complex techniques like Minimally Invasive Pain and Spine Interventions (MIPSI's). Opening workshops of this nature to an unregulated audience dilutes the academic and clinical value of Pain Medicine and compromises both patient safety and professional integrity.

ISSP is taking this matter seriously and urges all stakeholders to recognize the importance of structured training, ethical representation,

...From the Secretariat

(Annexure2: ISSP Position Statement on Scope of Pain Medicine Workshops and Training Programs).

and responsible promotion of our super-specialty and refrain from imparting the intricate knowledge of our niche MIPSIs indiscriminately.

While interdisciplinary collaboration is encouraged to raise awareness about Pain Medicine and MIPSIs, it is equally important to distinguish between creating awareness and imparting our hard-earned skills to other specialties.

Hope ISSP will get your support in this endeavour to promote, protect and flourish our Specialty of Pain Medicine.

Warm regards!

Dr Krishna Poddar, President
Dr Anurag Agarwal, Hon Secretary
Indian Society for Study of Pain

President's Message



Dr Krishna Poddar
President ISSP

Dear Friends of Indian Society for the Study of Pain,

Namaste,

It is with immense humility and gratitude that I greet you through this edition of our newsletter. Serving as your President is a profound honor, and I am continually inspired by the dedication and commitment of our more than 3,500 members across the country—the true custodians of chronic pain care in India.

The ISSP has stood as the torchbearer of Pain Medicine over four decades, driven by a singular vision: to ensure quality, compassionate, and evidence-based treatment of various chronic pain syndromes, is accessible to every citizen. As we move forward, our strength lies in our multidisciplinary expertise and our shared determination to elevate the field of Pain Medicine to its rightful position.

We dedicated to aggressive pursuit of several critical, long-standing goals that will fundamentally transform our specialty and enhance patient care:

1. Securing NMC Recognition for Pain Medicine : This remains our foremost priority. Formal recognition from the National Medical Commission (NMC) is essential to standardize training, ensure uniformity in practice, and empower the next generation of Pain Physicians. We are relentlessly engaging with regulatory bodies to secure Pain Medicine's status as a distinct super-specialty, opening clear pathways for young anesthetists to pursue this vital field.

2. Advocacy for Access and Reimbursement: We are acutely focused on advocating for the inclusion of Minimally Invasive Pain and Spine Interventions (MIPSIs) within all major government welfare schemes, including Ayushman Bharat, and private insurance policies. Broadened reimbursement is not just a benefit to our practitioners; it is a critical necessity to ensure our patients, particularly those in underserved communities, can access world-class, interventional pain care without financial burden.

3. Strengthening Education and Research: Our commitment to academic excellence is unwavering. The Indian Academy of Pain Medicine (IAPM), under the expert guidance of its leadership, continues to maintain a world-class fellowship curriculum. Furthermore, we are dedicated to bolstering the stature of the Indian Journal of Pain, aiming to solidify its position as a globally respected publication for chronic pain research originating from the subcontinent. I encourage all members to contribute actively through high-quality research submissions.

...President's Message

4. Public and Professional Awareness: We must collectively champion the cause of Pain Medicine. Chronic pain is the largest non-communicable disease (NCD) of the modern age. We will intensify our efforts to raise awareness among primary care providers and the general public, clarifying the specialized role of a Pain Physician in managing complex pain conditions. Please leverage our upgraded official website and follow all ISSP social media channels to amplify our message.

Our society thrives on collective responsibility and collaborative growth. With 18 state and 22 city branches, the depth of talent within the ISSP is unmatched. I urge all members—from our founding mentors to our newest fellows—to actively participate in our upcoming conferences, CMEs, webinars, and policy initiatives.

Let us stand united to address the tsunami of chronic pain facing our nation. By combining our expertise, sharing our knowledge, and supporting the objectives we have set forth, we can build a stronger, more visible, and more impactful ISSP.

My door is always open for your suggestions, concerns, and insights. Together, we will work tirelessly towards a healthier, pain-free India.

Long Live ISSP! Jai Hind!

With Best Regards,

Krishna Poddar

Dr. Krishna Poddar
President, Indian Society for Study of Pain (ISSP)

Vice-President Message

Respected Seniors and Dear Members,

Namaskar !

It gives me a feeling of immense pleasure in writing this message for the E- Newsletter of Indian Society for Study of Pain (ISSP). ISSP is dedicatedly working towards starting DM Pain Medicine course in the country with Anesthesiology as the feeder specialty. Liaisoning is being done with Government authorities and all concerned. Efforts are also being done to rename PDF & PDCC courses in Pain Management to Pain Medicine. There is focus on increasing public awareness about Pain Medicine and Pain Physicians.



Dr. Naveen Malhotra
Vice President, ISSP

We should all strive to make Pain Clinics actually functional in all Medical Colleges across the country, so that more and more Anaesthesiologists are motivated to take Pain Medicine exclusively as a career. India needs large number of Pain Physicians who can take care of patients suffering from chronic pain, who at times are untreated or wrongly treated.

We should follow the three principles of Commitment, Competency and Compassion to further uplift our Superspeciality of Pain Medicine. The Golden Mantras of Honesty, Sincerity and Hard Work guide us to work for Indian Society for Study of Pain to further strengthen our association.

Jai Hind !!

Long Live ISSP !

Dr. Naveen Malhotra
Vice President, Indian Society for Study of Pain (ISSP)

IAPM – Dean's Message



Dr. Madhuri Lokapur
Dean, Indian Academy of Pain Medicine

Dear Colleagues & Students,

Greetings!

Pain Medicine is an evolving super specialty. Though ISSP was formed more than 40 years ago, it has made advances by leaps and bounds in the last decade.

Many educational platforms are now available for those who wish to learn. From DM and FNB to fellowships of varying durations, Physicians can acquire knowledge of pain-relief treatments and procedures.

However, it is essential to get a fair assessment of that knowledge. Examinations provide a standardised baseline for evaluation.

The Indian Academy of Pain Medicine holds examinations twice a year for fellows and Senior Physicians.

In the field of Pain Medicine, where giving pain relief depends on our expertise, exams serve as a vital checkpoint to ensure we are prepared for the immense responsibility that lies ahead.The rigorous preparation for exams instils indispensable qualities like discipline, time management, and resilience.

Shaping Your Future: Each exam is a milestone that brings you closer to your dream of making a difference in people's lives. It's not just about passing; it's about growing into a confident and capable doctor.

Let us remember, while exams may feel overwhelming, they are a reflection of your dedication and hard work. They offer an opportunity to refine your knowledge and skills.

So, I encourage each member of ISSP to undertake the examination as soon as possible.

We have posted all the details on our official website.

We started this year with record number of candidates appearing for the FIAPM examination.

I was very happy to get a positive feedback from the candidates about the excellent educational lectures arranged by IAPM faculty .

Madhuri Lokapur

Warm regards,

DR. MADHURI LOKAPUR
Dean, Indian Academy of Pain Medicine

IAPM – Registrar Message



Dr. (Major) Pankaj N Surange
Registrar , IAPM

Dear Colleagues,

It gives me immense satisfaction to update you on the continued academic progress of the Indian Academy of Pain Medicine (IAPM) since our last communication. Over the past few months, we have taken concrete steps toward strengthening the standards, training quality, and ethical practice of Pain Medicine across the country

One of our most significant achievements has been the revision and upgradation of the FIAPM Fellowship Examination Manuals. Both the Examiners' Manual and the Examinees' Manual have been systematically updated to ensure greater clarity, transparency, and uniformity in assessment. These revisions are designed to enhance the credibility of the FIAPM exam and bring our evaluation process closer to global standards.

Another major initiative now firmly underway is the development of Indian Guidelines for Interventional Pain Procedures. We are creating structured, evidence-based, India-specific guidelines that will help standardise pain practice across the nation. These guidelines will play a critical role in ensuring patient safety, preventing misuse or overuse of procedures, and supporting clinicians with clear medico-legal and ethical direction.

Our academic activities also continue to grow steadily. The ongoing online lecture series has seen encouraging participation from members across India, reaffirming the need for structured and accessible education. Regional workshops, collaborative academic events, and the planning of advanced certification programs remain key focus areas for the coming months.

I request all ISSP and IAPM members to remain actively involved, whether through academic contributions, participation in workshops, feedback on guidelines, or mentoring young colleagues. Together, we have the opportunity to build an interventional pain practice in India that is scientific, ethical, safe, and globally respected.

Let us continue this journey with commitment and unity.

Warm regards,

Pankaj Surange

Dr. (Major) Pankaj N Surange
Registrar, Indian Academy of Pain Medicine (IAPM)

ISSP – Editor in Chief Message



Prof. Dr. Gaurav Sharma
Editor-in-Chief

Dear Colleagues,

Greetings.

With your enthusiastic support, the Indian Journal of Pain, now Scopus-indexed, is achieving new milestones. We appreciate the dedication of both our experienced and emerging Pain Physicians in documenting their cases, authoring scientific papers, and submitting them for potential publication in IJP.

We are pleased to announce that the publication frequency of IJP will increase from thrice annually to quarterly, effective 2026. Additionally, a dedicated issue focusing on "Pain-Biologicals and Regenerative Therapies" will soon be released, contributing to the scientific evidence supporting these promising treatments. We are also planning specialized IJP issues on "MisEpp (Minimally Invasive Spine Endoscopic Pain Procedures)" and other advanced MIPSIs.

In light of these developments, I reiterate my invitation for you to submit your manuscripts on chronic pain syndromes and Pain Medicine to IJP, ensuring the exclusive use of ISSP Terminology for MIPSIs.

Long Live ISSP!

Warm regards,

Gaurav Sharma

Prof. Dr. Gaurav Sharma
Editor-in-Chief
Indian Journal of Pain

ISSP UPDATES 2025

- Membership from February 10th to November 15th, 2025 : **185**
- Establishment of New City Branch : Vizag City Branch
- Successful completion of the 'Pledge for Daily Walking' initiative in collaboration with Dr. Reddy's Laboratories and Imagica Health.
- Publication of the 'ISSP Position Statement on Scope of Pain Medicine Workshops and Training Programs'.
- ISSP Headquarters' initiative : 'ISSP Podcasts on Pain Medicine,' featuring Dr. Kiran Vyawahare, GC Member.
- ISSP Headquarters' initiative to develop a Directory of Pain Physicians.
- ISSP Headquarters' public awareness campaign through 'multilingual video clips produced by our members.'

IAPM UPDATES 2025

- Exit Exam Passing Candidates : 16

- Aanchal Sharma
- Sunita Magadeo Gaikwad
- Sushpa Das
- UMA Pradeepa
- Avneet Saini
- Pudi Sivaji
- Kalagara Reshma
- Patangankar Jyeshtharaj
- Amol Anant Pandav
- Ravindra
- Uma Maheshwar Rao
- Kone Rekha
- Deepika Malatkar
- Nagalaxmi Patnala
- Sukhdeo Gupta
- Amarnath Reddy

- Entry Exam Ranks with Centres

1.	IPSC Pain and Spine Hospital, New Delhi	Anusha	1
2	IPSC Pain and Spine Hospital, New Delhi	Nishansh	2
3	Daradia Pain Clinic-kolkata	Kambham Nikhila	3
4	Daradia Pain Clinic-kolkata	Anirudh P Pai	4
5	PRAANAA PAIN CLINIC, Hyderabad	Shwetha C	27
6	Praanaa Pain Management Centre, Bengaluru	Amulya	6
7	Cortex Spine and Pain Care, Kozhikode	Remya	7
8	Artemis Hospital, Gurgaon	Priyanka	8
9	JSS Medical College Hospital, Mysore	Swetha N S	9
10	ALGOS, Multispecialty Pain Clinic, Bengaluru	Sushmita Muraleedhar	10
11.	Epione Pain Management Centre, Hyderabad	Katari Sruthi	36
12.	The Painex Clinic, Pune	Lia Varghese	12
13.	Daradia Pain Clinic-kolkata	Vindhu Yadav	14

Cont....

... IAPM UPDATES 2025

...Entry Exam Ranks with Centres

14.	BLK MAX Super Speciality Hospital	Aarzoo	16
15.	Sparch Spine and Pain Centre, Indore	Dharamvir Singh	20
16.	Epione Pain Management Centre, Hyderabad	Harika	22
17.	Krishna Institute of Medical Sciences, Secunderabad, Hyderabad	Ganesh Krishna	23
18.	PRAANAA PAIN CLINIC, Hyderabad	Balaji J	25
19.	AAS Pain Management Centre, Rohtak, Haryana	Samriddhi	34
20.	Cheers Multispeciality Hospital, Ahmedabad	Sameer	35

Installation of Society for Study of Pain

Vizag City Branch

On November 9th, 2025 inauguration of our city branch along with a day long CME program comprising 9 lectures and one panel discussion at Ambica Sea Green hotel, Visakhapatnam attended by Dr. Gautam Das sir, Dr. Pankaj N Surange sir, Dr. Samarjit Dey sir, Dr. A.S.Kameswara rao sir, Dr. Muralidhar Joshi sir & Dr. M.V.Bhimeswar sir. We are very happy to share that we had 230 registrations for the academic event with nearly 80% of them attending nad staying through the length of the program.





















ASIA BOOK RECORDS Felicitation Ceremony of 'Daily Walking Pledge campaign' by ISSP, Dr Reddys Laboratory and Imagica Health.

Glimpses of 'Asia Book of Records' Felicitation Ceremony held at Mumbai. Prof. Dr Gaurav Sharma, Editor in Chief IJP and Dr Sidharth Verma, ISSP GC Member, represented the Indian Society for Study of Pain and received the certificate.









Glimpses of 10 SARPS Congress held at Delhi.

Hon'ble President Dr. Krishna Poddar Madam and Hon. Secretary Dr. Anurag Agarwal attended the Inaugural Ceremony.





















ISSP State Chapter Activities

CHAPTER REPORTS ARE COMING AHEAD

...ISSP State Chapter Activities

Karnataka State Chapter

- **CME on Pain Medicine at AIMS, Bellur :** ISSP Karnataka, in collaboration with the Department of Anaesthesiology at AIMS Bellur, conducted a CME on "Insights into Pain Medicine" on 16 May 2025, featuring talks by President Dr. Pratibha Matche, Hon. Secretary Dr. Sadasivan Iyer, and GC Members Dr. Ashwini Deepak and Dr. Satish Kumar M. N. The event was attended by over 100 delegates and received excellent feedback, further strengthening ISSP's outreach to peripheral regions and budding doctors.

- **CME ON PAIN & PALLIAITIVE CARE AT HIMS,HASSAN:** ISSP Karnataka, in association with the Department of Anaesthesiology at HIMS Hassan, conducted a CME on Pain & Palliative Care on 14 June 2025, where Dr. Pratibha Matche, Dr. Sadasivan S. Iyer, Dr. Khaja Javed Khan, Dr. Tushar Munnoli, Dr. Satish Kumar M. N., and Dr. Sneha Shreyas delivered sessions on various aspects of pain medicine and palliative care.

- **CME ON MANAGING CHRONIC PAIN BANGALORE:** Pain Medicine Unit, Department of Anesthesiology, Dr. B. R. Ambedkar Medical College, Bangalore, under the aegis of ISSP Karnataka, conducted a CME on "Managing Chronic Pain – Breaking the Cycle" on 5 July 2025, attended by nearly 100 delegates including undergraduate students, postgraduates, anesthesia consultants, and specialists from other departments. Dr. Sadasivan S. Iyer, Dr. Sree Ganesh, Dr. Satish Kumar M. N., and Dr. Suvina served as the faculty for the CME.

- **FLUOROSCOPY AND ULTRAOSUND GUIDED WORKSHOP BY ISSP KARNATAKA:** On the occasion of ISSP Foundation Day 2025, a Fluoroscopy- and Ultrasound-guided Cadaveric Workshop was conducted by ISSP Karnataka at JSS Medical College, Mysore, in association with the Department of Anatomy, under the leadership of Dr. Pratibha Matche on 7 July 2025. Anatomical correlations relevant to pain physicians were demonstrated by the Anatomy faculty, while sonoanatomy was showcased on live volunteers, with faculty from across the state participating in the workshop.

- **Dr. Pratibha Matche, President of ISSP Karnataka,** made significant academic contributions this year through multiple invited lectures, workshops, pain awareness programs, and national conference faculty roles, strengthening pain education across Karnataka and India.

- **Dr. Nazeer Ahmed Kudligi** served as faculty for the ISSP Foundation Day Cadaveric Workshop in Mysore and the Chronic Pain Management workshop at ISACON Mangalore, while also leading ISSP Foundation Day activities at Al Ameen Medical College, Vijayapura.

- **Dr. Kalpana Ravikumar, GC Member** and Head of Praanaa Pain Management Centre, is an accredited IAPM Program Head and esteemed faculty at major pain workshops.

- **Dr. Prashant Putran, GC Member, was invited by Pallium India** and RGUHS to speak on "Challenges in Practising Palliative Care" during the launch of palliative care in the MBBS syllabus.

- **Dr. Khaja Javed Khan, GC Member,** contributed to major pain CMEs and workshops, including CIPM XVIII, and was awarded Excellence in Pain Management at the Big Impact Awards 2025.

...ISSP State Chapter Activities

...Karnataka State Chapter







... ISSP State Chapter Activities

...Karnataka State Chapter

MONTHLY WEBINARS BY KARNATAKA ISSP





... ISSP State Chapter Activities

Kerala State Chapter

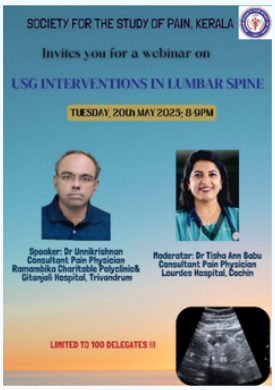
- **Monthly Academic Webinar meetings:** SSP Kerala takes pride in completing 1 year of successful conduct of well attended webinar. In last one year, we conducted meetings in monthly basis. This quarter we had 5 webinars each having eminent faculty discussing on various distinct pain topics.

- **Foundation Day Activities:** CME on USG Guided interventions conducted on 20th July 2025 and Pain relief camp by Dr. Firoz Khan

- **Pain Awareness Month Activities:** Dr. P Veena, Deputy Commandant, Dr. Joseph A: Coordinated Pain awareness program on IASP global year theme, Dr Muralikrishnan On Sympathe Gc Neurolysis on non revascularizable PVD in Annual Conference of Vascular society of Kerala, Dr. Tisha Ann Babu on Chronic Pain Awareness in Lourdes Hospital, Pain Awareness initiative by Dr Asish Karthik, Importance of Pain Medicine talk by Dr Jithin Mathew Abraham in Believer's Medical College .

- **Participation as Faculty in Various National/ Regional Conferences:** Dr. Unnikrishnan in ISA Kerala state conference on October 11th 2025, Dr.. Bijoy Chirayath at ISA Kerala State Conference on October 11th 2025, Dr Tisha Ann Babu at 3rd International MSK Pain Conference, Puducherry, Dr. Tisha Ann Babu at 10th SARPS Congress, New Delhi, Dr. Najwa PT at Regen Conference, Chennai, Dr Shalina Chandran at Regen Conference, Chennai, Dr. Unnikrishnan, Dr. Vineetha and Dr. Shalina at ISA Trivandrum City Branch Academic Meet

- SSP Kerala EC meetings: SSP Kerala conducted 3 meetings in last quarter, a. Online meeting conducted on 15th May 2025, b. Offline Meeting Conducted on 20th July 2025 at Hotel Horizon, Thiruvananthapuram c. Online meeting conducted on 1st October 2025, Next Scheduled EC and GB meeting is during 6th Annual state conference of SSP Kerala : KSSPCON 2025 on 8th November 2025 in Thrissur.











... ISSP State Chapter Activities

...Kerala State Chapter























... ISSP State Chapter Activities

West Bengal State Chapter

Greetings from West Bengal Society for the Study of Pain (WBSSP), West Bengal State Branch of Indian Society for the Study of Pain (ISSP). Under the leadership of newly formed committee at AGM held on 28th April, 2024, the members of WBSSP continued activities to spread 'Pain Awareness' among consultants, trainee students, nurses, health care professionals and also common people with new enthusiasm.

- **Pain and Onco - anaesthesia Update : Hip Pain 7th of June, 2025:** The Department of Anaesthesiology at Medica Superspeciality Hospital, in collaboration with WBSSP and SOAPC Kolkata, hosted the "PAIN & ONCOANAESTHESIA UPDATE 2025" on 7th June. Over 220 delegates joined online and offline to gain insights on hip pain, interventional techniques, and onco-anaesthesia. Live ultrasound demos and expert discussions enriched this highly successful academic event.

- **ISSP FOUNDATION DAY CELEBRATION (9th JULY, 2024):** WBSSP celebrated ISSP Foundation Day on 9th July 2025 at CNCI, New Town, with around 50 delegates. The program highlighted ISSP's rich legacy since 1984 and its commitment to advancing Pain Medicine, followed by an inspiring inaugural session led by esteemed faculty and guests. Three engaging panel discussions concluded the event. Topic of Discussion was CHRONIC CANCER PAIN -A DEADLY DEMON:- The session focused on "Chronic Cancer Pain – A Deadly Demon," featuring experts from WBSSP along with oncologists, surgeons, and cancer survivors. Students participated enthusiastically, making the discussions enriching and impactful. The event concluded with a vote of thanks by Dr. Debolina Ghosh and successfully raised awareness across medical and allied communities.

- **PAIN CAMP & AWARENESS TALK (24TH AUGUST 2025):** WBSSP planned a Pain Camp and awareness session in collaboration with Dumurdaha Shakti Sangha, Hooghly. However, due to extreme rainfall across West Bengal, the camp had to be postponed.

- **Workshop and CME on Pain and Regional Anesthesia: Era of ultrasound and radiofrequency (13th September 2025):** A workshop and CME on Pain and Regional Anesthesia was held at CMRI, C K Birla Hospitals on 13th September 2025, in collaboration with WBSSP. With 67 delegates and 30+ expert faculties, the event featured ultrasound-guided nerve block training and panel discussions on cancer and non-cancer pain. The program was highly successful in enhancing academic awareness of Pain Medicine.

- **Representation of WBSSP members in SARPS 2025 (26th & 27th September 2025):** : The 10th SARPS Congress on Pain, jointly organized by SARPS, ISSP, and IASP, was held in New Delhi with the theme "Patient Centric Pain Management." WBSSP members actively participated across various academic activities including pain camps, workshops, and conferences. The event offered a valuable platform for global experts to share innovations, exchange knowledge, and strengthen networks in pain research and practice.

... ISSP State Chapter Activities

...West Bengal State Chapter







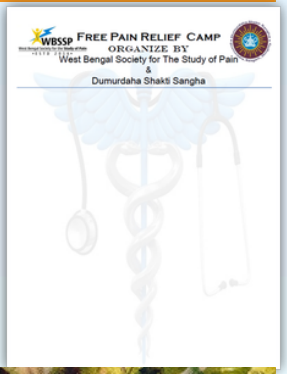






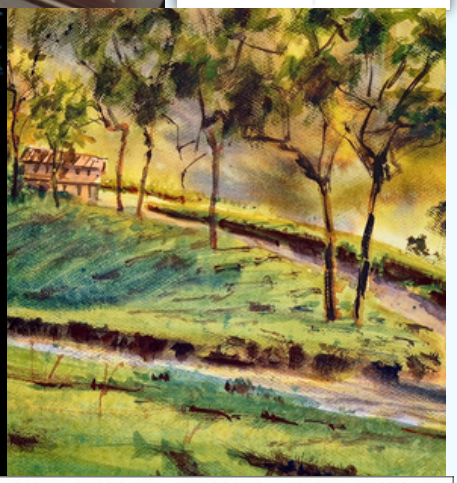




















ISSP City Branch Activities

Gurugram City Branch

Dr. Namrata and Dr. Deep Divanshu gave a talk to increase Interventional Pain Management among general public.
Dr. Ashu Jain, Dr. Mohit and other team members organized "Chai pe Charcha" to increase public awareness of pain management by interventional techniques during Pain Awareness month

- ISSP Gurugram City branch "6 monthly meet" was held on Oct 4th, 2025.
- Dr. Rajkumar presented " TransCranial Magnetic Stimulation for Chronic pain"
- Dr. Aditya presented on topic " Cooled RF for Shoulder Pain - Technical Specifications"

Dr Sai Janani - Health talk in senior citizen's living homes for pain awareness month.
Successfully continuing to conduct our Monthly Journal Club with more and more pain physicians joining every month.



...ISSP City Branch Activities

Indore City Branch

1. Meeting – 18 July, 2025, at Sayaji Hotel

The session featured two key presentations

- Dr. Swapnil Barasker: "Understanding Bertolotti Syndrome – Essential Insights for Pain Physicians."
- Case-Based Discussion: "Decision Making in Extraordinary Situations."
- Moderator: Dr. Anshul Agarwal

2. CME & Karaoke Night – ISSP Indore City Branch

ISSP Indore conducted a CME on 20th September 2025 at Crystal Hall, Hotel Crown Palace, Indore.

The academic session included two highly insightful presentations:

Case Report : *"Cervical Radicular Pain Masquerading as Metastasis," presented by Dr. Dipanjali Nath, Fellow, IAPM, Choithram Hospital.*

Lecture : *"Beyond Buprenorphine, Morphine & Fentanyl – Practical Use of Methadone in Complex Pain," by Dr. Pankaj Singhai, MD, Palliative Medicine, SAIMS.*

Both talks were highly appreciated for clinical relevance and practical value.

Attendance : **21 members**

Presidential Medal Handover : From Dr. Sadhna Sanswastkar to the new president, **Dr. Pravesh Kanthed**

The event concluded with a **karaoke musical evening and dinner, ensuring great camaraderie**



...ISSP City Branch Activities

Nagpur City Branch

- A webinar on "Tips and Tricks of USG MSK Wrist Interventions," conducted by Dr. Madan Pandiyan, was held on 24 June 2025.
- ISSP Foundation Day Celebration on 9 July 2025 –: A talk on "Lidocaine Patch in Chronic Pain" was delivered by Dr. Kiran Agrawal as part of the celebration program.
- ISSP Foundation Day at DMMC (Held on 9 July 2025) : A talk for postgraduate students was delivered by Dr. Sunita Lawange on the topic "How to Set Up a Pain Clinic."
- ISSP Pain Foundation Program (Held on 15 July 2025): Dr. Kiran Vyawhare delivered a talk on "Pain Pathways" for postgraduate students at SMMC.
- Webinar on "Pain Interventions in Cancer and Palliative Care (Held on 12 August 2025): Conducted with Dr. Sunny Malik as the faculty and Dr. Anjali Kolhe as the chair.
- Pain Awareness Program with the Association of Medical Women, Nagpur – "SWASTHYA VARTA" (Held on 19 September 2025): Speakers Dr. Sunita Lawange and Dr. Archana Deshpande conducted the session, which has also been shared on YouTube.
- CME on "Cannabinoids" (Held on 15 October 2025): Delivered by Dr. Kiran Gaikwad.
- Deepawali Milan 2025 by SSP Nagpur on 15th October 2025.

Faculty Participation –

- Dr. Sunita Lawange : Dr. Sunita Lawange contributed as faculty at several major conferences, including SARPS, ICRA PAIN, ReGen, EFSICON, and TNS. Her roles included delivering expert talks, judging posters, and chairing sessions, showcasing her active involvement in advancing pain medicine.
- Dr. Archana Deshpande: Talk on investigations in back pain & chaired a session at SARPS.
- Dr. Anjali Kolhe: Faculty at SARPS.
- Dr. Cham: Faculty at SARPS and ICRA Pain.
- Dr. Kiran Vyawahare: Talks at SARPS, USG MSK P25, and Maha ISA Con on advanced pain interventions.
- Dr. Jeshnu Tople: Faculty at ICRA Pain, MP ISACON, CISA Online, and SARPS with multiple talks, workshops, and judging roles.

...ISSP City Branch Activities

...Nagpur City Branch

Dr. Jeshnu Tople
1) ICRA pain- Talk on Interventions in CRPS
2) MP ISACON-Workshop on USG interventions, Judge-Paper Presentation ,Chaired a swssion
3) CISA-online-talk on Overview of Chr Pain Conditions
4) SARPS-Talk on Back Pain Management& Rehab, Workshop on Botulinium Injections in Chr pain



...ISSP City Branch Activities

Pune City Branch

- SSPP Monthly webinar series: THEME : Navigating Pain Fellowship Exams: Expert Guidance for USA & Europe
- The SSPP team organized and conducted the Sonovision Workshop at MIMER Medical College during YUVAMAHACON 2025, led by Coordinator Dr. Varsha Kurhade and Convenor Dr. Sanjog Mekewar. The faculty team included Dr. Shweta Puntambekar, Dr. Kashinath Bangar, Dr. Manas Manohar, Dr. Priya Rathi, Dr. Priya Lahane, and Dr. Anant Suryavanshi.
- A wonderful initiative was led by Dr. Vivek Deshmukh, who participated in the religious walk “Vari” and offered dedicated pain management services to all participating varkaries.
- PRASHA 6.0, the 6th hybrid course on Basics in Pain Medicine held at KK Care Hospital, featured active participation from SSPP faculties Dr. Varsha Kurhade and Dr. Sanjog Mekewar. They demonstrated three basic MIPSI pain management procedures and contributed to a month-long teaching program for the delegates.
- Dr. Sanjog Mekewar conducted a cadaveric workshop at MGM Hospital, Kamothe, Mumbai.
- Dr. Sanjog Mekewar conducted a BMD and Pain Management camp in a residential society.
- The SSPP Annual General Body Meeting was held on 05 July 2025 at Hotel Tarawade Clarks Inn.
- Dr. Kirti Pawar was invited by the Daund IMA to deliver a talk on “Knee Pain and Regenerative Therapies.”
- SSPP Society marked ISSP Foundation Day with a pain-awareness activity at Taljai Tekdi, featuring a skit and a walkathon that engaged the local public.
- Dr Pradnya Bhalerao organized Pain awareness activity at Baramati GMC on the occasion of ISSP Foundation day
- On the occasion of ISSP Foundation Day and Pain Awareness Week, Dr. Kanchan Godase conducted a Pain Awareness Program for OPD patients at Kashibai Navale Medical College and General Hospital, educating them about common pain conditions and available treatment options.
- BMD camp and Pain camp at Nasrapur by Bharati hospital, department of pain medicine.
- Newspaper article published by Varshali Kenia mam for creating awareness about Chronic pain treatment and Pain Physicians
- Talk on Pain medicine speciality for Anaesthesia residents at JNMC Wardha Medical college By Dr Varsha Kurhade On the occasion of Pain awareness day.

...ISSP City Branch Activities

... Pune City Branch

- ISA Pune City felicitated all the Hon. Members who contributed to the crowdfunding initiative for purchasing Injection Dantrolene. Dr. Madhuri Lokapur made a generous contribution towards this important cause. The Pune model of crowdfunding for Dantrolene has set an excellent example for others to follow.
- SSPP members were invited as Faculty at the 3rd International MSK Congress 2025: Dr. Madhuri Lokapur & Dr. Sanjog Mekewar
- Dr Manas Manohar was Faculty at 2 nd International Regenerative Medicine Conference
- One day Lavasa trip organized for SSPP members and Family to bond and further strengthen the Society's dynamics.
- Dr Vivek Deshmukh published an article in newspaper creating Pain Management awareness also conducted a Pain awareness lecture in OM Hospital
- Dr. Varsha Kurhade's KK Care Hospital partnered with Orthorenew, a first-of-its-kind initiative in Pune. The event gained wide local media coverage, and a Pain Awareness Camp helped 101 patients.
- A one-day Avanos MIPM Proctorship Program was conducted at KK Care Hospital, led by Dr. Varsha Kurhade and Dr. Sanjog Mekewar. The faculties demonstrated two live Cooled Radiofrequency Ablation cases during the session.
- As part of September Pain Awareness Month, Dr. Kanchan Godase organized a free pain relief camp, benefiting over 100 patients and spreading awareness about effective pain management.
- SSPP members served as faculty for the CIPM-XVIII Pain Management Workshop, including Dr. Yahwant Nankar, Dr. Archana Nankar, Dr. Varsha Kurhade, and Dr. Kashinath Bangar.
- SSPP members served as faculty at the 10th SARPS Congress on Pain, including Dr. Madhuri Lokapur, Dr. Uttam Sidhaye, Dr. Varsha Kurhade, Dr. Manoj Shinde, and Dr. Manas Manohar.
- Dr Madhuri Lopkapur presenting her Handbook on Pain and Palliative Medicine to various Dignitaries in SAARPS 2025 & also presented her Handbook on Pain and Palliative Medicine to dignitaries at SAARPS 2025.
- Dr Sanjog Mekewar felicitated by Moshi Malayali Association for contribution in the field of Medical care
- Dr Pradnya Bhalerao organized COLS and Pain awareness activity at Baramati GMC
- On 7th October Dr. Kanchan Godase conducted a Pain Awareness program for general practitioners (GPs) in Bhor to enhance knowledge and awareness about pain management.
- Dr Priya Lahane Conducted COLS and BCLS training workshop for hospital staff (RMOs, Nursing staff and helping staff) at Pentagon Hospital.
- Dr. Priya Lahane received the Dr. Raja Reddy Award for Best Scientific Paper Presentation at the 3rd International MSK Pain Congress 2025, Pondicherry.
- Dr. Manoj Shinde successfully completed the Headache and Facial Pain Medicine course conducted by the World Headache Society.

...ISSP City Branch Activities

...Pune City Branch

ISPP Monthly webinar series



IAPM EXAM UPDATES

EXIT EXAMINATION OF IAPM FELLOWSHIP

Date for Exit Exam	04th Jan 2026, Sunday
Last Date of form submission	15th December 2025
Venue	MS Ramaiah Advanced Learning Centre, Bengaluru
Exam Timings: 8 am to 5 pm	A. Written exam: • 8 am to 10am • Written exam will comprise of 100 • MCQs in 120 minutes (2 hrs.): (100 Marks) Practical and Viva voce: 11am to 5pm
Pattern of practical examination:	B. VIVA (100 Marks) • Case – 1: 15 Min (30 Marks) • Case – 2: 15 Min (30 Marks) One spot station: • Drugs & instruments, MRI, CT scan, fluoroscopy and X-ray etc (40 Marks) C. PRACTICAL • 2 Fluoroscopic Guided Interventional pain procedures on cadaver: 10 Min Each (35 Marks, each) • One USG Guided Procedure: 10 Min (30 marks)
	TOTAL: 300 Marks

Note: IAPM Exit Exam will include USG Guided procedures from Jan 2024.

For More Details Click Here

IAPM EXAM UPDATES

Passing requirements:

- Pass percentage is 50% and the candidates will have to secure 50% in each category i.e Written exam, Viva and Practical exam.

FIAPM Exit Exam Prerequisite Information

- Application for IAPM Exit Examination can be submitted under 4 categories. IAPM Category, Non-IAPM Category, One-year Fellowship outside India Category, Senior Pain Physicians Category. The eligibility Criteria are as follows.

Common requirements for all Categories

- Medical License: Candidates applying for the exit examination should have a valid unrestricted medical license, they need to submit a copy of NMC/ SMC registration.
- Membership of ISSP: Candidates applying for the exit examination should have ISSP Membership. Associate members of ISSP or candidates who are not Anaesthesiology postgraduates (MD, DA or DNB in Anaesthesiology) cannot appear for the exams.
- Publication – Candidates applying for the exit examination should have the
- publication in chronic pain
- Post-Graduation Certificate in Anesthesiology (MD – Anesthesiology, Diploma in Anesthesiology or DNB in Anesthesiology)

Category wise Additional requirements

IAPM Category

- Trainees of IAPM who have entered IAPM-accredited training centres through the IAPM Entry Examination and completed a full year of Training in IAPM-accredited centres.
- One publication is mandatory on chronic pain in a Peer-Reviewed Journal.

Non-IAPM Category

- One-year full-time residential fellowship programme in Pain Medicine from any Private organisation, the program head of the said program should be FIAPM qualified
- Structural program fellow from an Indian university (Completed a fully residential university-accredited structured pain training program of minimum one-year duration and passed successfully)
- One publication is mandatory on chronic pain.3
- Affidavit stating One year completion of full-time fellowship in Pain Medicine.
- Completion certificate of one year Full-Time training in Pain Medicine from the Head of the Institute.

...IAPM EXAM UPDATES

One-year Fellowship Outside India Category

- Completed full residential fellowship outside India of minimum 1-year duration & currently practising in India.
- One publication is mandatory on chronic pain.3

Senior Pain Physicians Category

- ISSP membership for at least 5 years
- Two publications are mandatory on pain, at least one of the publications must be on chronic pain. 3
- Recommendation letter from GC member of ISSP/IAPM. (Recommendation letter
- will include duration of pain practice, number of patients in pain OPD & procedures) it should be on official letterhead with the physical signature of the GC (Additional Affidavit may be asked by the Examination committee)

Documentation Required with Application and Fee Structure .

Category	Required Document	Fee Structure
IAPM Trainees Category	1. ISSP Membership Number 2. Half-yearly Assessment Form 3. One Publication on Chronic Pain in Peer Reviewed Journal 4. MBBS Certificate 5. Post-Graduation Certificate (MD – Anaesthesiology, Diploma in Anaesthesiology or DNB in Anaesthesiology) 6. Indian Medical Registration Certificate (NMC/ State Medical Council)	Rs. 25,000 + 18% GST (10,000/- less if reappearing) + Portal Charges

IAPM EXAM UPDATES...

Category	Required Document	Fee Structure
Non-IAPM Category	1. ISSP Membership Number 2. One-year full-time residential fellowship programme completion certificate from FIAPM programme Head of the Institute/ or Passing certificate of a university-accredited structured pain training program of 1 year. 3. Affidavit confirming one year of full- time training in that particular institute. 4. The pdf copy of one publication on chronic pain. 5. MBBS Certificate 6. Post-Graduation Certificate (MD – anesthesiology, Diploma in anesthesiology or DNB in anesthesiology) 7. Indian Medical Registration Certificate (NMC/ State Medical Council)	Rs. 40,000 + 18% GST (10,000/- less if reappearing) + Portal Charges 18% GST Additional on above Fee
One-year Fellowship Outside India	1. ISSP Membership Number 2. One year full residential fellowship certificate completed outside India.(Completion Certificate is Must) 3. Pdf copy of the published publication on chronic pain 4. MBBS Certificate 5. Post-Graduation Certificate (MD – Anesthesiology, Diploma in Anesthesiology or DNB in Anesthesiology) 6. Indian Medical Registration Certificate (NMC/ State Medical Council)	Rs. 70,000 + 18% GST (10,000/- less if reappearing) + Portal Charges

IAPM EXAM UPDATES...

Category	Required Document	Fee Structure
Senior Pain Physicians Category	• ISSP membership number (With at least 5 years of completed membership duration) • The pdf copy of two published Publications related to pain (at least one of the publications must be on chronic pain) • Recommendation letter from GC member of ISSP/IAPM on his/her letterhead. (Recommendation letter will include duration of pain practice, number of patients in pain OPD & procedures) • MBBS Certificate • Post-Graduation Certificate (MD – Anaesthesiology, Diploma in Anaesthesiology or DNB in Anaesthesiology) • Indian Medical Registration Certificate (NMC/ State Medical Council)	Rs. 40,000 + 18% GST (10,000/- less if reappearing) + Portal Charges

IAPM EXAM UPDATES...

Additional Notes

1.The application for the exit exam and the required documents are to be submitted online only,

2. You will receive an email from the Registrar's office confirming your eligibility and approval for the exam. In case your application is not approved by the Registrar, you will be informed and your Fees will be refunded to the source of payment. Portal Charges are non-refundable.

3.Publication is mandatory for all the categories applying for the exit exam

- For Senior Pain Physicians: 2 publications are mandatory of which one should be compulsory in chronic pain.
- All other categories (IAPM, Non-IAPM, Overseas): 1 publication in chronic pain.
- The publications that have already been published will be considered only, not those under acceptance.
- Exception – Only for IAPM trainees (Manuscript submission letter in Indian Journal of Pain only)will also be accepted.
- Publications must be in a Peer Reviewed Journal or Book Chapters.
- Publications in the conference books will not be accepted.

4. Cancellation Policy – Once approved by the review committee Exam fee is non-refundable

1. Under exceptional situations like the ill health of the candidate or the death of a family member, you can apply to the registrar with supportive documents. A partial refund may be allowed subject to the approval of IAPM GC, as per the policy mentioned below –

   - From the date of approval to 2 weeks before the exam – 50% refund (Excluding the portal Charges)
   - From 2 weeks before the exam to the Date of the exam – No refund

2. The exam fees will not be carried forward to the next exam.

IAPM EXAM UPDATES...

5. The name on all supporting documentation must be consistent and match the name under which you apply. If it does not, you will need to submit legal documentation of the name change (e.g., a marriage/divorce certificate) and all other supporting documentation

6. Prerequisite requirements are subject to change at any time. Applicants must meet current prerequisite requirements in effect at the time of application. IAPM at its discretion may request from you or others information concerning matters relevant to eligibility for certification and certification status. Documentation received in a language other than English must include a notarized translation in English. All documents, communications, and other information received by IAPM become the property of IAPM and will not be returned.

7. Kindly provide your WhatsApp number at the time of registration. We will create a group and will keep updating you on the group. Please Save +91-9311223922 as “IPAM Registrar Office”. You will get a request to joint the group from this number.

8. Please read the instructions thoroughly. Instructions and timings on the website are FINAL

9 If due to some unforeseen circumstances in the exam city, which is beyond the control of IAPM (for example – Flood, Earthquake, Epidemic, Political Turmoil etc) exam needs to defer and rescheduled, the exam fees will be carried forward but IAPM is not liable to pay for any other compensation. The same cancellation provision clause will be applied to the new date of examination too

10. The IAPM GC’s decision is the final regarding a particular candidate’s eligibility.

Dr. Pankaj Surange
Registrar,
Indian Academy of Pain Medicine (IAPM)

Dr Madhuri Lokapur
Dean, IAPM

Address for offline submission:

Registrar, Indian Academy of Pain Medicine
IPSC Pain and Spine Hospital,
Plot no 453 Sector 19, Dwarka
registrar.ipam@gmail.com
+91-9311223922

NOTIFICATION FOR AWARDS

- *Life Time Achievement Award:* This is awarded for the ISSP Life member who has done yeoman service to community, ISSP society and exemplary performance on academic, research & pain relief front. For more information, please Click here

- *ISSP Oration:* Will be delivered by eminent ISSP members who have contributed immensely to growth of society. Governing Council will select the Orator during Annual National Conference of ISSP. The selection will be announced during AGBM

- *Key Note Address:* Will be delivered by the President of ISSP on second day of conference following ISSP Oration.

- *Ashok Saxena Awards:* Award from Prof. Ashok Saxena & family regarding Two Best Research Papers on Chronic Neuropathic Pain presented during Annual ISSP Conference.
  Please Click Here

- *Annacharya Lokapur Foundation Awards:* Award from Lokapur Foundation regarding two best research papers on Basic Sciences & Clinical Research presented during Annual ISSP Conference. Please Click Here

- *Best State Branch & Best City Branch Award:* The Best 'City' branch & Best 'State' Chapter will be selected as per the decision of the Governing Council according to the format published and will be awarded with a citation and memento. All recognized city branches and state units could compete for this award. For more information. Please click here

- *Pain Management Awareness Award:* By Pain management research foundation. Please Click Here

  The criteria for award will be as follows:
  - *He/she should be an ISSP life member for a period of more than five years.*
  - *Age of the applicant at the time of date of award should not be more than forty-five years.*
  - *He/she (Awardee) should have conducted at least four Pain Management Awareness Program for general public as on the date of award. The programmer and lectures include: talks, articles in print media, magazines, organizing of pain exhibition or TV shows etc.*

- *Dr PN Jain IAPM Gold Medal Award:* For the Candidate who score highest in FIAPM Exit Exam.

- *Bidding for ISSPCON 2028:* For City Branches / State Chapter interested in organizing /hosting ISSPCON 2028. Please Click Here

This year North zone (Delhi, Haryana, Punjab, Uttar Pradesh, Uttarakhand, Himachal Pradesh, Jammu & Kashmir) can bid for the conference. If there is no bidding from North zone the next in line will be West, South, Central Zone, East in that order.

ELECTION NOTIFICATION FOR THE YEAR 2026-2027

President Elect - 1 Post

Tenure - 1 Year

Eligibility:

- He/ She should be a life member of ISSP for a minimum period of ten (10) years.
- The candidate should have served the Society as a GC member for one full term of three years at the time of calling of AGBM in order by Hon. President ISSP.
- He/She Should have attended three (3) AGBM's in the past five (5) years.
- He/She Should be an IASP member

Vice President - 1 Post

Tenure - 1 Year

Eligibility:

- He/She Should be a life member of ISSP for a minimum period of ten (10) years.
- The candidate should have served the Society as a GC member for one full term of three years at the time of calling of AGBM in order by Hon. President ISSP..
- He/She Should have attended three (3) AGBM's in the past five (5) years.
- He/She Should be an IASP member

IAPM DEAN - 1 Post

Tenure - 2 Year

Eligibility:

- He/She Should be a life member of ISSP for last 10 years
- The candidate should have served the Society as a GC member for one full term of three years at the time of calling of AGBM in order by Hon. President ISSP.
- He/She Should have 5 publications on pain in indexed journals
- He/She Should have attended at least three AGBM's out of last 5 years
- He/She Should be an IASP member
- He/She Should be FIAPM qualified

Please note: The desired criteria - Teaching experience

ELECTION NOTIFICATION FOR THE YEAR 2025-2026

ISSP Governing Council Member - 3 Posts

Tenure - 3 Year

Eligibility:

- He/She should be a life member of ISSP for a minimum period of (5) years.
- He/She Should have attended (2) AGBM's in the past (3) years.
- He/She Should be an IASP member

IAPM Governing Council Member - 2 Post

Tenure - 3 Year

Eligibility:

- He/She Should be a life member of ISSP for a minimum period of Five (5) years.
- He/ She should have attended two (2) AGBM's in the past three (3) years.
- He/ She should have 2 publications on pain in indexed journal.
- He/She Should be IASP member
- He/She Should have FIAPM qualified

Note:

Last date of nomination - 31 st December 2025, 11.59 pm

Last date of withdrawal - 7th Jan 2026, 5.00 pm

Date of announcement of candidates - 8th Jan 2026 by 5.00 pm

NOMINATION FORM FOR 2026 ELECTION OF OFFICE BEARERS

Download Nomination Form

Online Nomination Form

Applications should reach Secretariat Office by : 31st December 2025

Application Form for Training Observership

APPLICATION FORM

Full Name: Dr / Mr / Mrs ..... {Surname} {Name} {Middle name}

Sex: ☐ Male ☐ Female Age: .....Years Date of Birth : .....

Qualification (University & Year of Passing): : .....

ISSP Life Membership Number: .....

Present Appointment : .....

Name of Institute : .....

Address For Correspondence: .....

.....

Pin : ..... State: ..... Phone: .....

Email Id: ..... Mobile: .....

Conference Attended ISSPCON

2023 ☐ Yes ☐ No 2024 ☐ Yes ☐ No 2025 ☐ Yes ☐ No

Research Papers, Publications & Presentation in Pain
(If needed, please use additional paper)

I hereby declare that the information submitted is correct. I will abide by the selection criteria and rules of selection committee.

Date:.....

Signature of Applicant

... Application Forms for Membership

APPLY ONLINE

https://www.issp-pain.org/membership/apply-online/

Life Membership Fees: Within India Rs. 8850 /- (including 18% GST)
Outside India US$ 325 + 18% GST/-

Associate Membership Fees: Within India Rs. 5900 /- (incl. 18% GST &)
Outside India US$ 200 + 18% GST/-

ISSP Advisory on Life Workshops as per NMC Guidelines

IAPM/ADVISORY/NMC-LivePro/01/2025

Advisory on NMC Guidelines for Live Telecast of the Procedures

Issued by: Indian Academy of Pain Medicine (IAPM), academic wing of Indian Society for Study of Pain(ISSP)

(Based on the latest National Medical Commission guidelines, 26 July 2025)

Dr Madhuri Lokapur, Dean IAPM
Dr Krishna Poddar, President ISSP
Dr Anurag Agarwal Hon Secretary ISSP
Dr Pankaj N Surange Registrar IAPM

ISSP Advisory on Life Workshops as per NMC Guidelines

Advisory on NMC Guidelines for Live Telecast of the Procedures

Issued by: Indian Academy of Pain Medicine (IAPM), academic wing of Indian Society for Study of Pain(ISSP)
(Based on the latest National Medical Commission guidelines, 26 July 2025)

1. Purpose & Applicability

The National Medical Commission (NMC) has released updated regulations on the conduct of live procedures to enhance patient safety and uphold ethical standards. This advisory aims to guide all members of the **Indian Society for Study of Pain** in complying with these regulations when organizing, performing, or participating in live procedure demonstrations.

2. Key Guidelines

Educational Intent Only

- Live procedural broadcasts must be undertaken **solely for academic and educational purposes**.
- Promotional activities for Pain Physicians, hospitals, or medical devices through live procedures are **strictly prohibited**.

Applicable Procedures

- **Permitted**: Only **new, innovative, or advanced techniques** may be showcased in live broadcasts.
- **Not Permitted**: Routine, high-risk, or well-established procedures should not be broadcast live. Instead, **recorded or simulation-based teaching** is recommended.

3. Patient Safety, Consent & Cost

ISSP Advisory on Life Workshops as per NMC Guidelines

- **Written informed consent** must be obtained, detailing the educational purpose, potential risks, and the patient's right to withdraw.
- Patients must not bear any additional cost, and **no financial incentives** can be offered.
- Hospitals/organizers must ensure **insurance coverage** for the procedure and any complications arising from the procedure.

4. Prior Approval Requirement

- **Prior approval is mandatory** from the **NMC** or the relevant **State Medical Council** before conducting any live procedural broadcast.
- The application must include details of the procedure, Pain physicians credentials, patient consent, hospital infrastructure, and insurance arrangements.

5. Regulations for International Faculty

- Foreign medical practitioners participating in live procedure demonstrations must:
  - Obtain **temporary registration/permission** from the NMC and relevant State Medical Council.
  - Demonstrate proof of qualifications and international experience.
  - Abide by the same ethical and patient safety norms as Indian physicians.

6. Venue & Technical Requirements

- Live procedures must be conducted only in **accredited hospitals** with adequate ICU, operative facilities, and safety protocols.
- The operating physicians must focus on patient care; **interactions with the audience must be mediated by a moderator**.
- Organizers must maintain **unedited video recordings** of the procedure for at least **2 years**.

ISSP Advisory on Life Workshops as per NMC Guidelines

7. Exception for In-House Demonstrations

- These NMC restrictions **do not apply** to **in-house live demonstrations** of **Interventional Pain and Spine procedures**, including **Spine Endoscopy**, conducted:
  - **Within the same institution** for internal faculty training.
  - **Without external broadcast or commercial promotion**.
  - Under existing institutional protocols with patient consent and standard safety measures.

8. Recommendations for ISSP Members

1. **Strictly adhere to NMC guidelines** for all national/international workshops.
2. **Seek prior NMC or State Medical Authority approval** for all live procedural broadcasts involving external participants.
3. **Take international faculty permissions** well in advance.
4. **Prefer pre-recorded videos, cadaver labs, or simulation-based teaching** for standard procedures.
5. Maintain **complete documentation**—consents, approvals, and recordings—for audit and medico-legal compliance.

9. Conclusion

By aligning with the **latest NMC directives**, the Indian Academy of Pain Medicine ensures that live procedural demonstrations are conducted with the **highest ethical standards**, **patient safety as the top priority**, and **compliance with legal frameworks**.
The exemption for **in-house demonstrations** allows continued **skill development** in pain and spine interventions while adhering to regulatory expectations.

ISSP Advisory on Life Workshops as per NMC Guidelines

Issued by:

Indian Academy of Pain Medicine (IAPM), academic wing of Indian Society for Study of Pain.

1. **Annexure I – Template for Prior Approval Request to NMC/State Medical Authority**
2. **Annexure II – Standard Patient Consent Format for Live Procedure**
3. **Annexure III – Compliance Checklist for Organizers**

ISSP Advisory on Life Workshops as per NMC Guidelines

ANNEXURE II – PATIENT CONSENT FORMAT

PATIENT CONSENT FOR PARTICIPATION IN LIVE Interventional Pain and Spine Procedure

I, **[Patient Name]**, residing at **[Address]**, have been explained in detail about:

- The nature and purpose of the planned procedure.
- That the procedure will be **broadcast live** for educational purposes only.
- That my identity will remain protected during the broadcast.
- That I will **not bear any additional costs** and **have insurance coverage** for any unforeseen complications.
- That I have the **right to withdraw consent** at any stage without affecting my care.
- That I will not receive any financial incentive.

I voluntarily give my consent to undergo this procedure.

Patient Signature: _____
Date: _____
Witness: _____
Pain Physician: _____

ISSP Advisory on Life Workshops as per NMC Guidelines

ANNEXURE III – COMPLIANCE CHECKLIST FOR ORGANIZERS

Requirement	Status (✓/X)
Prior NMC/State Medical Council Approval	
Hospital Accreditation & ICU Facility	
Written Patient Consent	
Insurance Policy for Patient	
Surgeon's Eligibility (>5 years experience)	
International Faculty Approval (if any)	
Moderator Assigned for Interaction	
No Promotional Branding	
Unedited Recording Plan (2 years storage)	

Contact Us

We welcome any questions, suggestions you might have.
Please send us your feedback:

By Email:

hq@issp-pain.org

By Post:

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