



Pain and Spine
HOSPITAL

"A Unit of Surange Healthcare India Pvt. Ltd"
Diagnostics • Pharmacy • Varsity • Regenerative

Dr (Maj) Pankaj N Surange

MBBS- G R Medical College, Gwalior

MD (Anesthesiology)-Army Base Hospital, New Delhi

FIPP (Fellowship Interventional Pain Practice)-Budapest (Hungary)

Fellow Indian Academy of Pain management

Fellowship Spine Endoscopy- Korea and Germany

Diploma Pain Medicine: Royal College Ireland

AHMP (Indian School of Business)



CEO and Director,

IPSC Pain and Spine Hospitals
Director, IPSC Varsity

Positions:

Past-Secretary, Indian society for study of pain

Ex-Chairman, World Institute of Pain

Founder Member and Treasurer, Musculoskeletal Ultrasound Society of India

Founder Member and Hon Secretary, Neuromodulation Spine society of India

International Member of Spine Intervention Society

Awards and Recognitions:

Recipient of Pain Awareness Ambassador Award 2015

Recipient of Excellence in pain practice award by World Institute of pain 2017

Recipient of National Pain Physician of the year Award 2016

Recipient of "Her Highness" Rajmata Scindhia Excellence award.



Publications:

Das G, Surange P, Dutta D, Tople JP, Das S. Consensus on evidence and experience: Future road map for framing guidelines. *Indian J Pain* 2019;33:3-6.

Raj M, Kothari K, Agarwal A, Kim HS, Surange P, Tyagi K, *et al.* Full-endoscopic lumbar discectomy for high canal compromised disc at upper lumbar level: A technical review. *Indian J Pain* 2018;32:125-31.

Surange PN. Ultrasound-guided pain interventions. *Indian J Pain* 2014;28:3-4.

Surange PN. ISSP coding system uniform nomenclature for interventional pain procedures. *Indian J Pain* 2019;33:51-3.

Sahoo RK, Matche P, Khanna S, Lawange S, Surange P, Das G. Ultrasound in pain and musculoskeletal interventions: A nation-wide survey of practicing pain physicians. *Indian J Pain* 2020

Sahoo RK, Jadon A, Dey S, Surange P. COVID-19 and its impact on pain management practices: a nation-wide survey of Indian pain physicians. *Indian J Anaesth* 2020

Surange P, Pragna BE, Padakannaya S. Neuromodulation: The current status and way forward. *Indian J Pain* 2023;37:141-2.

Das G, Surange P, Agarwal A, Kothari K, Dey S, Natarajan KB, *et al.* Radiofrequency ablation in chronic pain syndromes: An evidence- and consensus-based indian society for the study of pain guidelines, 2022. *Indian J Pain* 2022;36:S2-23.



Publications:

Therapeutic Medial Branch Radio Frequency Ablation for Refractory Chronic Low Back Pain Post Annuloplasty

•October 2024, [International Journal of Science and Research \(IJSR\)](#) 13(10):483-485 [Pankaj Surange](#), [Sowjanya Kommuri](#), [Shalley Singh](#), [Swati Bhat](#)

Neuromodulation: The Current Status and Way Forward December 2023 [Indian Journal of Pain](#) 37(3):141-142 [Pankaj Surange](#)

Enhancing Nerve Function and Reviving the Unrecordable: A Comprehensive Analysis of the Effects of a Dual Hydrodissection Protocol on Clinical and Nerve Conduction Parameters in Mild-Moderate and Severe Carpal Tunnel Syndrome December 2024 [Cureus](#) 16(12)

Surange P. The rising importance of minimally invasive spine endoscopic pain procedures in modern pain practice. [Indian J Pain](#) 2024;38:89-90.

Surange P, Pragna BE, Padakannaya S. Neuromodulation: The current status and way forward. [Indian J Pain](#) 2023;37:141-2.

Bhat S, Bichal PK, Prasad K, Jyotinagar HP, Surange PN. Consent and pain practice. [J Recent Adv Pain](#) 2021;7:1-3.

Baastруп's Syndrome January 2021 [Journal on Recent Advances in Pain](#), [10.4103/jrap.jrap_10_21](#)

Surange PN. ISSP coding system uniform nomenclature for interventional pain procedures. [Indian J Pain](#) 2019;33:51-3

Ultrasound-guided Supraclavicular Nerve Block In-plane Technique: Comparison of Conventional vs Skin Wheel Standoff Technique. [J Recent Adv Pain](#) 2017;3(1):25-29