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| **Dr. Sweety Purushotham Nallakandy**

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|  8879801517  dr.sweety\_purushothamv@yahoo.comInterventional Spine and Pain Medicine |
| Experience Assistant Professor |DYPU|DR. D.Y. Patil school of Medicine, Mumbai, 5 years since January 2020 Career guidance education in Pain Medicine as an option to UG’s as well as PG’s. Role of perioperative pain management for early prevention. Treated Covid related pain during pandemic.  Pain Consultant (visiting) | Kokilaben Dhirubhai Ambani Hospital, Navi Mumbai | 5 years since 2020Chronic Pain Patients, treated with medications and MIPSIs, ultrasound guided as well as fluoro-guided interventions. Various conditions like entrapment syndrome, Spine related pain, Cancer Pain and Complex pain managed with utmost patient satisfaction. Founder, Director |MOKSHA Pain Clinic| Navi Mumbai, 8 years since 2017Personalized treatment plans and regenerative Mipsi for chronic pain.**Selected and attended as Official attached to Medical Team for F1 -Formula One Racing at FIA 2022 Singapore Grand Prix and Race Official at 2023 Singapore Formula One (SGP)**FIA trained **Chief Medical Official** | 6 years for Various National Motor Sports Events since 2019 Also, selected from the Asia -Pacific region for the Medical Official story write-up and Featured on the **Cover of “Your Career as a Motor Sport Official “booklet launched by FIA WIM at Monaco in 2021****Qualification:** MBBS, MD, FIAPM, FPCI, FIPM, FRTA Medical Degree Registered with Maharashtra Medical Council (MMC), India.Reg- 2009052431 Education: ***Fellowships:*** - **FIAPM** – Fellow of Indian Academy of Pain Medicine - 2019 **FPCI** – Fellow in Interventional Spine and Pain Medicine, Pain CIinic of India, Mumbai – 2015 to 2016 **FIPM** – Fellow in Pain Medicine, Daradia Pain Hospital, Kolkata (Aesculap Academy) -2019 **FPM**- DPMC, Delhi (AESCULAP Academy) - 2017 **FIPSC**- Fellow at Interventional Pain and Spine Centre, New Delhi- 2019 **FRTA** -Fellow in advanced Regional Anaesthesia and Trauma, Ganga Hospital, Coimbatore 2014-2015 ***Observerships****:* -  1.**Tata Memorial Centre**, Mumbai for Perioperative Pain Observership. August 2021 2. International association of Pain Society and Indian Society for study of Pain training observership (**IASP-ISSP**) at **Jagjivanram Railway Hospital**, Mumbai. March –April 2019 3. **Kokilaben Dhirubhai Ambani Hospital** & Medical Research Center, Mumbai – October 2018 4. **Atlas Pain Center**, Pain Medicine, Coimbatore. May- June 2018 5. **Sancheti Hospital**, Pune for Ultrasound guided Regional Anaesthesia training June 2017 Degree: **MD** in Anaesthesiology 2011-2014 – Yenepoya Medical College, YU Mangalore **MBBS** –2003-2009 AJ Institute of Medical Sciences, Mangalore, RGUHS Bangalore **12th std** -2003, DBJ College, Chiplun, Mumbai University **Upto 10th Std** –2001, Christ Jyoti Convent High School, Chiplun, Maharashtra **Research**: Currently, pursuing PhD in Pain  Paper ***Publication*** –  1. Comparative Evaluation of Ultrasound Guided Bilateral Erector Spinae Block and Ultrasound guided Caudal Block in Lumbar Spine Surgeries for Post Operative Analgesia., AJBR, December 2024  2. Orthopaedic Trauma Cases and Massive Blood Transfusion: A Double Edge Sword, IJR April 2023.  3. “Systematic Review of Post Covid Myalgia Literature” Acta Scientific Orthopaedics, Jan 2021. 4. “Hyperbaric 2% Lignocaine in Spinal Anaesthesia - An excellent option for day care surgeries” IOSR Journal, 2014 ***Paper*** Presentation (International/ National) – 1. The Role of Inflammation in Cervical Myelopathy Pathogenesis and Treatment: A Systematic Review” at APSICON 2024 , Turkey
2. Atypical Facial Pain – a case series at ISSPCON 2023 , Amritsar

 3. “A Case of Brugada Syndrome: A Ticking Dynamite for the Anaesthesiologist” at SAARC AA 2022, 14th International Congress of Anaesthesiologists, Kochi 4.” A Rare Respiratory Complication seen postoperatively after childbirth by C-section under GA”, 6th AOACON October 2013, National Obstetric Anaesthesia Conference, Mangalore 5. “EtCO2 Monitor in Intensive care” – A special monitor in the ICU, SSM, YMC, 2013 ***Poster*** Presentation – 1. “ Integration of Artificial Intelligence in Fibromyalgia Management” – A Systematic Literature Review , IASP 2024, Amsterdam, Europe
2. “Targeted Vertebroplasty in an atypical complex cleft # vertebrae ”, ICRA 2019, International Conf. in Pain, Nagpur
3. “A Case of Syringyomyelia with multilevel disc prolapse with cervical and lumbar Radiculopathy- A diagnostic dilemma” ISSPCON , National Pain conference 2018, Delhi

4. “Case Report - Iron Sucrose related severe Anaphylactic reaction in Pregnancy”, AOA , National Conf, 2013 , Mangalore |

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| Objective:To ensure high standards of Pain Medicine Practices and make India a Center of Excellence in this field. |
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| Awards:1.**best paper** presentation- apsicon 2024, turkey2.**IASP** 2024, Europe grant-for Poster3. **“Rising Star in pain medicine**” awarded at India pain update 2022, Delhi 4. ICRA (International Conference on recent advances in Pain) 2019- **1st Prize** JAM Scientific session “Cementoplasty in Cancer Pain”5. **ISACON** 2011- **1st** **Prize** in **Anaesthesia** **Quiz** at **National** Conference. **Conferences**: International and National Faculty and Speaker. ***Workshops***: - International and National Faculty in Advances in Interventional Pain - Cadaver Workshops (Ultrasound and Fluroscopy guided techniques), Basic to Advance Musculoskeletal Ultrasound techniques, Regenerative Medicine |

   **Memberships**- **IASP-** International Association for the Study of Pain **ISSP** – Indian Society for Study of Pain **SSPM**- Society for study of Pain in Mumbai **ISA** –Indian Society of Anaesthesiologists **AORA**- Academy of Regional Anaesthesia of India **WIAA** - Western India Automobile Association **FMSCI**- Federation of Motor Sports Clubs of India – Medical Official and Steward **Executive Council Member** of SSPM, Mumbai Pain Society, 2 terms till date  **Executive Council Member** ISA Navi Mumbai, Indian Society of Anaesthesia 2022-2023 |

**Previous Work** Profile

 Worked in Covid ICU during First and Second Wave of COVID 19 Pandemic at DY Patil Hospital (NMMC regional Center for Covid infection >200 ICU beds allotted in the institute)

* Interventional Pain Consultant at **PKC trust hospital**, Vashi since Nov 2018-2022
* **IPSC**, New Delhi – Clinical fellow in Pain , Nov-Dec 2019
* **Pain Clinic of India** Pvt. Ltd. – Pain Clinical Fellow, Mumbai, **August 2015- September 2018**
* **Suraj Hospital**, Sanpada –Pain Consultant , Sept. 2017 –May 2018
* **Parisoha Foundation Cardiac Centre**, Hindu Sabha Hospital Mumbai - Cardiac Intensivist and Anaesthesiologist, **March 2016- April 2017**
* **King Edward Memorial Hospital**, Mumbai – Senior Resident – Anaesthesia and Pain, feb 2016
* **Ganga Medical Centre and Hospita**l- Clinical Fellow in Regional Anaesthesia, Coimbatore, Nov 2014 – May 2015
* **Bombay Hospital and Medical Research Center** , Mumbai –Senior AMO Anaesthesia, August 2014- October 2014.
* **Apollo Clinic** – Junior Consultant in Medicine, Navi Mumbai, July- October 2010
* **Dr LH Hiranandani Hospital**, Powai, Mumbai- Resident Medical Officer in Medicine, March – June 2010.

Conferences:

 As ***Faculty***:

 International: **APSICON** 2024, International Pain Conference at Turkey

 **SARPS** 2022 South Asian Regional Pain Society Pain Congress, Dhaka Bangladesh

 **ICRA** pain 2019, Nagpur – International conf. On recent advances in Pain

 / National: **CIPM** in 2017, Mumbai- Pain conference and Workshop

 **CIPM** 2019, Mumbai –Pain Conf., Pain Clinic of India

 **EPIC** 2019, Hyderabad – Epione Interventional Pain Conference

 **ISPCCON** 2019, AIIMS Delhi – Pain Conference

 **ISSPCON** 2020, Ahmedabad Gujarat – National pain Conference

 **ISSPCON** 2022, Bhubaneshwar Orissa – National Pain Conference

 **CIPM** 2022, Mumbai – Pain Conference PCI,

 **ISACON** 2022, National Anaesthesia Conference, Shillong

 **ISSPCON** 2023, Amritsar – National Pain Conference

 **CIPM** 2023, Mumbai

 **ISSPCON** 2024, Pune

 State: ISACON Maha 2021, Nagpur 22nd Annual Conference of MSCISA

 Regional: DY Patil PG Preparatory Conference and Workshop- 2022, 2023

 As *Delegate*:

 International: **INDUS-EM** 2008 – Indo- US Emergency Medicine Conference, Mangalore

 **Global Update on Pain** in the years 2012 and

 In the year 2015, Mumbai

 **C-AUPRA** 2019, Delhi (British Anaesthesia and Pain Academy)

 **AIM-P** 2019, Delhi specialised conference in Percutaneous Spine Endoscopy and Regenerative Medicine.

 **SAARC AA** 2022 – South Asia Anaesthesia Conference, Cochin, Kerala

 **INS IM** 2022– International Neuromodulation Conference, Mumbai.

 **World Spine Endoscopy Congress** 2023, Mumbai

 **IASP 2024** - World Congress on Pain in Europe Conference and CME, August

 National**: ISACON** 2011, Mumbai

 **RACE 2013**, Chennai

 **AOA** 2013– National Obstetric Anaesthesia Conference, Mangalore

 **ISSPCON 2017**, Jaipur (National Conference of Indian Society for the Study of Pain)

 **ISSPCON 2018**, Delhi

 **ISSPCON 2019**, Bangalore

 **GARC 2016**, Coimbatore,

 **CIPM 2016** – Mumbai

 State: PG Excel 2012, Mysore

 KISACON 2012, Mangalore

 KMC MAC-2013, Mangalore

 SURG-YEN 2013, Mangalore

 CAP 2015, Coimbatore

 Webinars – 2020- 2021 ISSP and Medical CMEs during Covid Pandemic.

 World Anaesthesia Day Conference 2023, Mumbai.

 **Skills:**

 Main Organizing Core Member for following Conferences

 1. INDUS-EM 2008 – India and United States Emergency Medicine Conference

 2. KISACON 2012 – Karnataka State Indian Society of Anaesthesiology Conference

 3. CIPM 2017 - Comprehensive Interventional Pain Medicine Conference

 4. CIPM 2019 –**Treasurer**

 UG College: Fine Arts Head, Core Student Council Member, Magazine Committee Editorial.

 High School – Vice-Captain, Topper in all class academics.

 Won **First prizes in Debate, Speech, Quiz, Chess, Art** Competitions for consecutive years.

 Also participated in Dance, Skits and Maharashtra Cadet Corps.

 Personal Strengths - Fast learner, Creative, Hard-Working, Problem-solver.

 **Hobbies**- Fine Arts Artist, Motorsports Racing, Reading, Chess, Music, Dancing

 **Languages** known: English, Hindi, Malayalam, Marathi, Kannada.

 ADDRESS: MOKSHA Pain, Palm Beach, Navi Mumbai, Maharashtra, India

 Pin code - 400705