

CURRICULAM VITAE

Name : **Dr. SUNNY BHASIN**
MD(Physician), D.A.(Gold Medalist)
FCCS (Society Of Critical Care Medicine)
FIPM (Fellow Interventional Pain Management)
BLS & ACLS (American Heart Association) Provider

Father's Name : Shri Subhash C. Bhasin
Age : 46 Years
Sex : Male
Marital Status : Married
Date of Birth : 10-05-1975
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Registration Number
Medical Council India : 25319
State Medical Council : **MP - 18069**
Delhi Medical Council : 22400
Qualification : M.D. (Physician)
D.A. (Recognized by Medical Council of India)

EDUCATION

M.D. (Physician) : College → Kharkov State Medical University,
Kharkov, Ukraine
1993-2001 (including language course)

D.A.
(Anaesthesiology) : College → J.J.M. Medical College,
Davangere, Karnataka
Rajiv Gandhi university of Health Sciences,
Bangalore, Karnataka, India
Date of joining : April -2004
Completed Course : 30-04-2006
Passed with 67.6%
SECURED 1ST RANK IN THE UNIVERSITY

GOAL AND OBJECTIVE

To work for the organization that will provide safe anesthesia, intensive care and pain management services with international standards.

To learn new skills in Anesthesiology & allied branches so as to implement recent advances in the practice of Anesthesiology and serve the purpose of **curing with care** to my patients.

PROFESSIONAL ATTACHMENTS & WORK EXPERIENCE :

S.No.	HOSPITAL	DEPARTMENT	DESIGNATION	FROM	TO
1	Govt. Seth Govind Das (Victoria) Hospital, Jabalpur (MP)	Compulsory Rotatory Internship	Intern	20-09-2001	19-09-2002
2	Govt. Of NCT Guru Gobind Singh Govt. Hospital, Raghubir Nagar, New Delhi	Anaesthesia & Critical-Care	Senior Resident	29-06-2006	18-10-2006
3	Govt. Of NCT Deen Dayal Upadhyay (DDU) Hospital, New Delhi	Anaesthesia & Critical-Care	Senior Resident	18-10-2006	08-06-2007
4	Govt. Of India Dr Ram Manohar Lohia (RML) Hospital, New Delhi	Anaesthesia & Critical-Care	Senior Resident	12-06-2007	01-02-2008
5	Metro Hospital and Cancer Research Centre, Jabalpur, MP, India	Anaesthesia & Critical-Care	Consultant	02-02-2008	31-01-2009
6	National Hospital Multi Speciality Hospital Jabalpur, MP, India	Anaesthesia, Critical-Care & Pain-Management	Senior Consultant & Incharge ICU	01-02-2009	12-02-2019
7	Johri Hospital Jabalpur, MP, India	Anaesthesia Critical-Care & Pain-Management	Visiting Senior Consultant	20-11-2009	21-04-2018
8	City Hospital and Research Centre Pvt.Ltd. Jabalpur, MP, India	Anaesthesia & Critical-Care	Visiting Senior Consultant	01-02-2012	12-02-2019
9	Life Medicity Multispeciality Hospital Jabalpur, MP, India	Anaesthesia Critical-Care & Pain-Management	Senior Consultant & HOD (Head Of Department)	22-04-2018	12-02-2019
10	Aastha Pain Clinica trust to eliminate pain Jabalpur, MP, India	Pain & PAC Clinic	Consultant Clinician & Director	14-08-2014	12-02-2019
11	HJ Hospitals Kinshasa, Democratic Republic of Congo, Africa	Anaesthesia Critical-Care & Pain-Management	Consultant	18-02-2019	30-10-2020

TRAINING

- 1. COMPREHENSIVE INTERVENTIONAL PAIN MANAGEMENT (CIPM) WORKSHOP VIII 2014** Organised By Dept Of Anaesthesia, Dr Dy Patil Medical College And Pain Clinic Of India By **Dr Kailash Kothari** MUMBAI FROM 18TH TO 21ST SEPTEMBER 2014
- 2. INTERVENTIONAL PAIN MANAGEMENT TRAINING (IPMT DECEMBER 2014)** organized by Kamineni Hospitals Hyderabad, Andra-Pradesh, India by **Dr Muralidhar Joshi & Dr Vijayanad**
- 3. INTERNATIONAL MUSCULOSKELETAL ULTRASOUND CONFERENCE** 8th-11th October 2015 at New Delhi, India by **Dr Nidhi Bhatnagar**
- 4. GLOBAL UPDATE ON PAIN (VI) Hands On Cadaver Workshop, Basic & Advanced Course** 19th to 22nd November 2015 under the auspices of Lilavati Hospital & Research Centre by **Dr D.K.Baheti & Dr R.P.Gehdoo**

5. 2nd **IPMTC CME & Workshop on Interventional pain medicine** 21st to 24th January 2016 organised by Sahara Hospital, KGMU (Dept. of Anatomy), Lucknow, India & Phoenix Interventional USA by **Dr Vikram Patel**
6. **FUNDAMENTAL CRITICAL CARE SUPPORT (FCCS)** course conducted by the society of critical care medicine September 18th 2016
7. Department of pain management at Sri Balaji Action Medical Institute 3rd-10th November 2016 at New Delhi, India by **Dr Neeraj Jain**
8. **INDIA PAIN UPDATE** November 11th & 12th 2016 at New Delhi, India by **Dr G.P.Dureja**
9. **CME-SPINE & SPINAL CORD** NSCB Medical college, Jabalpur MP 15th-17th March 2018
10. **BASIC LIFE SUPPORT (BLS)** provider by American Heart Association, CPR & AED program 6th April 2018 [e-card code A9E2140F749E](#)
11. **ADVANCED CARDIOVASCULAR LIFE SUPPORT (ACLS)** provider by American Heart Association, 7th & 8th April 2018 [e-card code 5150BCC27EEB](#)
12. **INDIA PAIN UPDATE** December 1st, 2nd 2018 at New Delhi, India by **Dr G.P.Dureja**
13. **ULTRASOUND IN PAIN WORKSHOP** under the aegis of Education without barriers
Organized by Max Superspeciality Hospital, Saket, New Delhi, India, by **Dr Amol Minocha & Dr Madhur Chaddha**
 - a. Upper limb module 5TH August 2018.
 - b. Lower limb module 25th November 2018.

EXPERTISE HIGHLIGHTS

1) REGIONAL ANESTHESIA

- Central Neuraxial Blockade (Spinal And Epidurals)
- Peripheral Nerve Blockade (Landmark and PNS Guided)
- Field Blocks (LOR, PNS and USG Guided)
- Obstetric Anaesthesia and Analgesia
- Post-Operative / Acute pain management
- Brachial plexus blocks at interscalene, supraclavicular, infraclavicular & axillary levels
- Lumbar and cervical plexus blocks.
- Rescue nerve blocks e.g. femoral, sciatic, lateral cutaneous, radial, median, and ulnar, etc. Field blocks e.g. Hernia block, transverses abdominis plane block, rectus sheath block.

Peripheral Nerve Blockade (USG Guided) Learning

2) GENERAL ANESTHESIA

- Providing surgical anaesthesia for all kind of general and specialized surgeries
- Anesthesia outside the operation theatre for Radiological procedures (CT Scan & MRI)
- Providing Diagnostic and peri-operative Services
- Pre-Anaesthesia checkup, Preoperative assessment for risk stratification of patients
- Working as Peri-Operative Physician :
 - ✓ Diagnosis, investigation and management of co-morbid conditions and optimization of the same in the peri-operative period.
 - ✓ Counselling with patients about the role and mode of anesthesia during the surgical procedure as well as coordinating with surgeon about the mode of surgical procedure and anesthesia.
 - ✓ Postoperative care of patients in recovery room and assessment for shifting according to discharge criteria from recovery room.

3) DAY CARE ANESTHESIA

Nowdays most of the surgeries are being conducted on day care basis and role of anesthesia is of paramount importance. The recent updates on use of anaesthetics and discharge criteria are

important. Regional anaesthesia plays a very important role in dealing with such cases. I have good experience and expertise in the conduct of day care surgeries.

4) OBSTETRICS & GYNECOLOGY ANESTHESIA

- Expertise in high risk obstetric cases
- Laparoscopic gynecological surgeries
- Painless labor (Epidural labor Analgesia)

5) NEUROSURGICAL ANESTHESIA

- Pre and post operative management of patients with head injuries, cranial tumors, cerebral aneurysms, arterio venous malformations, endarterectomies, posterior fossa surgeries, spinal surgery etc.
- Optimization of neuro surgical patients in pre and post-operative period
- Providing hypotensive anaesthesia for clear surgical field in cranial tumors and spine surgeries

6) ORTHOPEDIC ANESTHESIA

- Experience with expertise in conducting Arthroplasties (Hip & Knee).
- Trauma & routine orthopaedic surgeries.
- Expertise in regional anaesthesia & post operative pain relief by nerve block procedures.
- Trauma care Emergency management of patients with poly trauma.

7) CRITICAL CARE

- Endo Tracheal Intubations and acute resuscitation procedures in Trauma unit and ICU.
- Naso-Gastric intubations in difficult cases.
- Securing IV line in cases of difficult IV cannulations.
- Central venous catheterization and CVP monitoring.
- Care of patients on ventilator and providing ventilator management for ARDS, post-operative cases, poisoning, head injury, Myocardial infarction and other critical cases, etc.
- Care of septicemic patients and patients in multi organ dysfunction (MODS)
- CSF tapping –Lumbar puncture for diagnostic as well as therapeutic purposes.
- Insertion of dialysis catheters.

8) BARIARTIC ANAESTHESIA

No experience / expertise → Wish to learn in near future

9) CARDIAC ANAESTHESIA

- Worked in Jayadeva Institute of Cardiology for 1 month (training program during P.G.) from 1-12-2005 to 31-12-2005

Only exposure to cardiac anaesthesia, no experience of working as cardiac anaesthetist nor any expertise in this field.

10) ACUTE / CHRONIC PAIN MANAGEMENT

- Judicious Use of opioid and non opioid analgesics as oral, injectable and patches form for pain management.
- Acute Pain Management for Trauma and post surgical patients by landmark, PNS, USG guided nerve blocks
- Postoperative pain management using Infusion pumps and Target controlled infusions, Continuous Nerve blocks and Epidurals.
- Fluoroscopic and USG guided Interventional pain management for Pain relief in :
 - Chronic Back Pain,

- Lumbar and cervical radiculopathies,
 - Cancer pain,
 - Osteo-arthritis pain,
 - Headaches,
 - Atypical facial pain,
 - Joint Pain (Facet joints, Shoulder Joint, Elbow, SI joint, Hip joints, Knee joints etc),
 - Adhesive Capsulitis (Frozen shoulders),
 - Nerve entrapment syndromes,
 - Plantar fasciitis.
- Sympathectomy, Chemical Neurolysis and Radio-Frequency Neurotomy / Neuromodulatory procedures for Neuralgias, peripheral vascular diseases and Cancer pain.
 - Treating deabalatating, painful conditions like Trigeminal Neuralgia.
 - Ozone therapy for DISC and Osteo-Arthritic Joint related pain.
 - Regenerative Medicine using Platelet Rich Plasma therapy.
 - Trigger point injections for Fibromyalgia and Myofacial pain syndrome.

TEACHING EXPERIENCE

Name of Institution	Designation	Classes taught and types of duties	Period	
J.J.M. Medical College, Davangere.	Resident in Anaesthesia	Theory and clinical for MBBS students. Seminars in anaesthesia & case discussions	April 2004	April 2006
RML hospital New-Delhi	Senior Resident in department of Anaesthesia & Critical Care		June 2007	Feb 2008

EXPERIENCE

I have a clinical experience of 15 years in field of **ANESTHESIOLOGY** which includes 2 years as PG Resident, 2 years as Senior Resident & 9 years as Consultant. I was exposed to **CRITICAL CARE** during the PG residency program itself and pioneered the skills thereafter working with country's prestigious institutions like DDU and RML situated at the country's capital New Delhi. I started learning **INTERVENTIONAL PAIN MANAGEMENT** after practicing in anesthesiology and critical care for more than 10 years and acquiring enough clinical acumen. I got trained in the art and science of pain management at some of the best centers of the country and have been constantly upgrading my skills and knowledge in chronic pain management. Those who helped me walk the learning curve are some of the best doctors in pain management having national and international repute. I have special interest in treating chronic painful conditions like Spine pain, Osteo-Arthritis Knee pain and regenerative therapy in particular. I look forward to serve the society through my passion, skills and knowledge in chronic pain management and believe in the philosophy of "**PAIN IS INEVITABLE - BUT SUFFERING IS OPTIONAL**". I am **Skilled in** providing Regional Anesthesia, General Anesthesia, Resuscitation, Intensive Care Management and Pain Management Services (Acute and Chronic Pain).

ARTICLES PUBLISHED

In various souvenirs and books/ magazines in the field of Medicine / Anaesthesiology following abstracts / articles were published in my name:

1. Importance of Anaesthesia.
2. Foreign body aspiration in both bronchii – a challenge for the anaesthesiologist.
3. Intra-Cranial space occupying lesions (ICSOL) in pregnancy – a threat to the anaesthesiologist
4. Anaesthesia - A Historical Perspective.
5. Anaesthesiologists - The Pain Relievers !!!
6. Consumer Protection ACT and the anaesthesiologist.
7. Pudendal neuralgia as pain generator in Pelvic Pain.
8. Genicular nerve neurotomy for OsteoArthritis Knee pain.
9. Fluoroscopic guided interventions for Shoulder pain.
10. Commonly performed interventions for low back pain.

AWARDS & PRESTIGIOUS ACHIEVEMENTS

I consider to be a blessed person for achieving two gold medals (till date) which speaks for my hard work, dedication and perseverance in learning and giving the best output possible

- ❖ I secured 1st rank in DA examination held by Rajeev Gandhi University Of Health Sciences in April 2006 by securing 67.6%
- ❖ KOP'S award, certificate of merit in neuro-anaesthesiology , prestigious National level award given for best paper in neuro-anaesthesia in the country. Awarded at ISACON 2005 at KOLKATA
- ❖ Poster presentation “Genicular neurotomy – Carpet lesion, A novel approach” nominated in the category of best posters in nociceptive pain at national conference of Indian Society For Study Of Pain 2015 at Kolkata.
- ❖ Dr M T Bhatia **GOLD MEDAL** for pain management, 2016 - Prestigious state level award given for best paper in chronic pain. Awarded at MPISACON 2016 at Jabalpur, India for pioneer work in Genicular nerve R.F. neurotomy for Osteo-Arthritis Knee Pain.

MEMBERSHIPS AND AFFILIATIONS

- ✓ Medical Council of India.
- ✓ Indian Medical Association.
- ✓ MP Medical Council.
- ✓ Delhi Medical Council.
- ✓ Indian Society for Study of Pain.
- ✓ Indian Society of Anesthesiologists.
- ✓ Musculoskeletal Ultrasound Society.

SCIENTIFIC PRESENTATIONS and PROFESSIONAL ACCLAIMS

- **“Foreign Body Aspiration in Both Bronchi - A challenge for the Anaesthesiologist”**
 - Abstract published in the book of abstract for ISACON 2004.
 - Poster Presentation ISACON 2004 (Bhopal).

- **“Peribulbar Block- Effect of 0.25% Bupivacaine injection in pediatric squint surgeries“**
 - Abstract Published in the book of abstracts for ISACON 2005.
 - Poster Presentation in ISACON 2005 (Kolkata).
- **“Intracranial Space Occupying Lesions in Pregnancy- A Threat for the Anaesthesiologist !”** 53rd Annual Conference of Indian Society of Anaesthesiologists ISACON 2005 Kolkata
 - Poster Presentation in ISACON 2005 (Kolkata)
 - **KOP’S AWARD OF MERIT** in Neuroanaesthesiology
 - Certificate of Merit in Neuro-Anaesthesiology
- **Clinical Faculty at GLOBAL UPDATE ON PAIN (VI) 19TH TO 23RD NOVEMBER 2015** at Mumbai organized by GRANT MEDICAL COLLEGE AND JJ GROUP OF HOSPITALS under the auspices of LILAVATI HOSPITAL AND RESEARCH CENTRE taken a guest lecture on **“Pudendal Neuropathy As A Potential Pain Generator In Chronic Pelvic Pain Syndrome”**
- **Clinical Faculty at WORKSHOP** of Indian Society Of Anaesthesiologists, Jabalpur City Branch & Seth Govind Das (Victoria) Hospital, Jabalpur On **PNS GUIDED NERVE BLOCKS. Demonstrated PNS guided “Sciatic nerve block by Anterior Approach-live workshop.”**
- **Clinical Faculty at ISACON 2017** the 65th national conference of Indian society of anaesthesiologists at Kolkata taken a guest lecture on **“Diversification as a defensive strategy for an Anaesthesiologist”**
- **Delegate & delivered a poster presentation** at ISSPCON 2015 THE 30th NATIONAL CONFERENCE of Indian Society for Study of Pain at Chennai. Shared my views with a poster presentation on **“GENICULAR NEUROTOMY FOR OA KNEE, CARPET LESION, A NOVEL APPROACH”**. This poster was selected amongst the best three posters in the country under the category of NOCICEPTIVE PAIN.
- **Clinical faculty at CME and conducted a cadaveric workshop** for delegates at ISSPCON 2016 THE 31st NATIONAL CONFERENCE of Indian Society for Study of Pain at Indore. Shared my views with a video lecture on **“FLUOROSCOPIC GUIDED GENICULAR NEUROTOMY FOR OA KNEE PAIN”**.
- **Clinical faculty at CME and conducted a cadaveric workshop** for delegates at ISSPCON 2017 THE 32ND NATIONAL CONFERENCE of Indian Society for Study of Pain at Jaipur. Shared my views with a talk on **“PUDENDAL NEURALGIA”** and its interventional pain management. I also **chaired a session on HEADACHES.**
- **Clinical faculty at CME and conducted a cadaveric workshop** for delegates **MPISSPCON 2018** demonstrating fluoroscopic guided interventional pain procedures for **SHOULDER PAIN**. I also Shared my views by giving a talk on **COMMON INTERVENTIONAL PAIN PROCEDURES FOR LOW BACK PAIN.**
- **Clinical faculty at conference and conducted a Live workshop on CHRONIC PAIN** management at TACON 2018. Delivered a talk on **“COMMON INTERVENTIONS FOR LOW BACK PAIN PERFORMED BY INTERVENTIONAL PAIN PHYSICIAN”**.
- **Clinical faculty, conducted a cadaveric workshop at International Conference on Recent Advances in PAIN at Pune 2018**
- **Clinical Faculty at ISSPCON 2018 THE 33rd NATIONAL CONFERENCE** of Indian Society for Study of Pain at New Delhi. Shared my views with a talk on **“Fluroscopic guided interventional pain management for Shoulder Pain”**
- **Clinical faculty at CME and Conference** at ISSPCON 2019 THE 34TH NATIONAL CONFERENCE of Indian Society for Study of Pain at BANGALURU. **Chaired a session on “ULTRASOUND – A STETHOSCOPE FOR PAIN PHYSICIANS”**.

PARTICIPATED CONFERENCES, CME PROGRAMS AND WORKSHOPS

- ICU workshop on “PROTOCOLS IN CRITICALLY ILL” at RML Hosp., New Delhi 28th January 2007
- 46th annual conference of Indian Society of Anaesthesiologists Delhi Chapter 7th-8th April 2007
- KISACON 22ND-23RD October 2005 as a delegate and organizing committee member
- ISA Bangalore City Branch CME programme 25th September 2005 at NIMHANS
- CRITICON 2005 conference on critical care medicine organized by Indian society of critical care medicine Mangalore city branch
 - Workshop
 - conference
- ISACON 2005 (Annual Conference of ISA) 25th-30th Dec. 2005.
 - CME & Conference
 - Poster Presentation
 - Platform Presentation (Kop’s Award of Merit).
 - Workshop on difficult Airway.
- APGAP 2005 (Kasturba Med. College Manipal) 30th Sep 2nd OCT 2005.
 - CME
 - Workshop On A.C.L.S.
 - Workshop on Pediatric Life Support.
 - Workshop on Mechanical Ventilation.
 - Workshop on Difficult airway (Apollo Hosp-kolkata).
- CME in Anaesthesiology (J.S.S. Med. College-Mysore) 30th, 31st, July 2005.
 - P.G. Excel Karnataka 2005.
- CME in Anaesthesiology (J.N.M.C. ISA Belgaum City Branch) 14, 15th May 2005.
 - Monitoring During Anaesthesia.
- Criticon 2005 (Indian Society of Critical Care Medicine) 5, 6th March 2005.
 - Workshop on advanced Mechanical Ventilation.
- ISACON 2004 (Annual Conference of ISA) 26th, -30th Dec. 2004.
 - CME & Conference
 - Poster Presentation
 - Workshop on Basic & Advanced Ventilation.
- CME in Clinical Anaesthesiology (JJM MED. College- Davangere) 21st Nov. 2004.
 - Organiser & Delegate.
- Symposium (K.S. HEGDE MED. Academy- Mangalore) 6th, 7th Nov 2004.
 - Pediatric Anaesthesia.

LANGUAGES KNOWN

- HINDI
- ENGLISH
- RUSSIAN
- PUNJABI (only spoken)
- LEARNING FRENCH

EXTRA-CURRICULAR ACTIVITIES

- Designed the logo of “**THE ANAESTHETIST**” facebook group having about 15000 anaesthesiologists from across the world.
- Played Badminton & Table Tennis On School, College & District Levels.
- Certificate of Merit and Judges Prize for Best Performance in Men’s Singles T.T. Held On 13-03-2004 at Annual festival Beats 2004 of Dr. Ram Manohar Lohia Hospital- New Delhi.

MY THOUGHTS

Anesthesia is a branch of dedication which has evolved over a period of time so as to serve humanity with humility. I am privileged to be a part of this ever expanding fraternity. I am always keen to upgrade my skills to keep pace with demand and moving in pace with the evidence based modern medicine.

Emerging subspeciality of pain medicine gave me an opportunity to have direct interaction with patients. I have been performing all high end interventional procedures in cancer & spine pain since last 5 years. My interest in minimal invasive pain procedures and regenerative medicine, an upcoming domain catered by Interventional pain physicians, orthopedicians, neurosurgeons, and radiologists across the world made me gather knowledge by attending various training courses in India so much so that I could do my bit for the betterment of the society. Further pursuing my passion I am now ORGANISING SECRETARY of a group of pain physicians by the name of ‘PAIN RELIEVERS’ heading the training courses in Central India, in this new specialty on Interventional Pain Management.

SOCIAL CONTRIBUTION

I am attached to a REHABILITATION CANCER CENTRE **VIRAT HOSPICE**, Jabalpur catering terminally ill cancer patients. My sole purpose is to offer pain relieving options to patients and performing interventional pain procedures with their consent.

My moto for such patients is “**FIGHT CANCER - WITHOUT PAIN**”.

DR SUNNY BHASIN
