

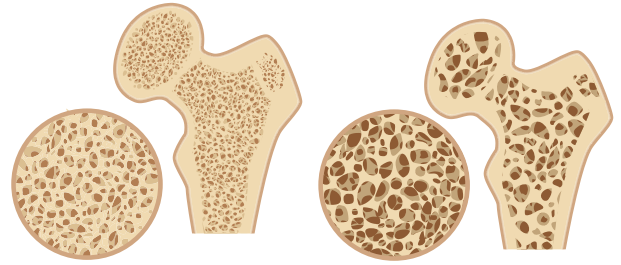
OSTEOPOROSIS AND VERTEBRAL COMPRESSION FRACTURES



What is Osteoporosis?

Osteoporosis is a bone disease of old age that decreases bone density and mass, causing the bones to become weak and increasing the risk of fractures.

Fractures caused by osteoporosis most often occur in the spine and are called as vertebral compression fractures (VCF).



NORMAL

OSTEOPOROSIS

Did you know?

25%-50%

of individuals >50 years suffer with VCF

Silent disease

Most cases of VCF are "silent" meaning not being diagnosed easily

5X greater risk of another fracture

Individuals with already present VCF are 5X more likely to have another one in the future

Pain in the back



Signs and Symptoms of VCF

Pain getting worse with motion/changing positions



Pain that may relieve with rest/lying down



Intensifying pain with coughing and sneezing



How will a Pain Physician help you in the treatment of pain associated with VCF?

A **Pain Physician** will offer a personalized solution for the pain associated with VCF through tailored treatment plans involving medication and Minimally Invasive Pain & Spine Intervention (MIPSI).



Medications

Non-steroidal anti-inflammatory medicines or other stronger prescription pain relievers



Minimally Invasive Pain & Spine Intervention (MIPSI)

- Vertebroplasty
- Balloon kyphoplasty
- Vertebral body stenting
- Vesselplasty
- V-strut
- Osseofix



Consult a Pain Physician if you are experiencing persistent pain in your back due to vertebral fractures.

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