



Celebrating
40 Glorious Years
of Dedicated
Effort For Pain
Free India

40 YEARS
OF ISSP
ESTD. 1984

Introduction to Pain Medicine



Pain is an unpleasant signal

It is a complex experience that differs from person to person, and those with similar injuries and/or illnesses.¹

Chronic Pain may be experienced as¹



Pricking



Tingling



Stinging



Shooting



Electric sensation



Burning



Aching



Throbbing



Chronic Pain if left untreated or inadequately treated

Is a
major
cause of

Depression

May
lead to
loss of

Productivity and
functionality¹

May
lead to

Poor quality
of life¹

You need to see a Pain Physician, a super-specialist Doctor,
who has expertise in diagnosing, and treating all types of chronic pain if:^{2,3}



Your pain doesn't get better, worsens
or comes back after treatment



You have been advised surgery
for your pain



You feel anxious / depressed /
trouble sleeping because of pain



Discomfort and pain are keeping you
from enjoying your usual activities

1. Dureja GP, Iyer RN, Das G, et al, Evidence and consensus recommendations for the pharmacological management of pain in India. Journal of Pain Research 2017;10 709–736.
2. Pain management. Available at: <https://my.clevelandclinic.org/health/treatments/21514-pain-management>. Accessed on Sep 21, 2023.
3. Santosa A. A pain management specialist. MEDISAINS. 2019; 17 (3):50-52.

Pain Medicine



A medical super speciality that is concerned with

Evaluation, Diagnosis, Treatment, and Rehabilitation of persons with chronic pain due to different causes.

Pain Physician is super-specialist allopathic Doctor who has a vast experience of treating pain¹

A Pain Physician has a detailed knowledge of the pathophysiology of chronic pain, medications used to relieve pain, and is skilled in interventional procedures i.e. MIPSIs (Minimally Invasive Pain & Spine Interventions) to relieve chronic pain.²



A Pain Physician has the expertise in diagnosing, and treating all types of chronic pain such as the pain caused by injury, surgery, nerve damage, and also the pain that does not have a clear cause.³

1. The British Pain Society. Understanding and managing pain: information for patients. Available at: https://www.britishpainsociety.org/static/uploads/resources/files/book_understanding_pain.pdf Accessed on Sep 21, 2023
2. Malhotra N, Joshi M, Gehdoo RP et al., Pain medicine as a career. Indian J Anaesth. 2021; 65(1): 73–78.
3. Santosa A. A pain management specialist. MEDISAINS. 2019; 17 (3):50-52.

Objectives Pain Physicians try to achieve by treating pain



- Relieve, reduce or manage pain and improve a patients overall quality of life through minimally invasive pain and spine intervention (MIPSI) designed to diagnose and treat painful conditions
- Help patients return to their everyday activity quickly and without heavy reliance on medication

So when in Pain, visit a super-specialist, A Pain Physician



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Thank
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